

FRIDAY'S JACKPOT

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**FASHION WEEK
FUNDRAISING
TOP DESIGNERS LEND
A HAND** {pages 48-49}



'FRESH'
**EVA TELLS METRO
ABOUT HER NEW
VENTURE** {page 35}



TORONTO

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Thursday, October 21, 2010
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Special feature

Province shows its fall colours

► Metro's guide to Ontario's best as the leaves — and temperatures — fall {pages 65-72}

Bus hostage in recovery mode

Local school celebrates former student's progress {page 8}

'Evil, pure evil'

Family of one of Col. Williams's victims speaks out {page 10}

New members of Leafs nation

► Maple Leafs' marketing department came up with the idea ► 'Hockey is woven into the fabric of who we are': MLSE executive Tom Anselmi



► Michelle Benjamin, 32, originally from Cape Town, South Africa, hugs RCMP Insp. Steve Saunders. She was one of 30 new Canadians to receive their Canadian citizenship in the Maple Leafs' dressing room.

Thirty people became Canadian citizens yesterday morning in a very Canadian place: The Maple Leafs dressing room at the Air Canada Centre.

The decision to hold the ceremony in the space usually reserved for Phil Kessel,

Kris Versteeg and Dion Phaneuf has been in the works for a number of months.

The participants were chosen randomly, not for their love of the team.

"Hopefully, when we're done with them, they will be (fans)," said Maple Leaf

Sports and Entertainment executive Tom Anselmi.

The unorthodox location was used to bring attention to Citizenship Week, which runs Oct. 18 to 24.

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Crime. Shooting



► Toronto police block off a road where a double shooting took place in a parking lot at the intersection of Crawford Street and Bloor Street West in Toronto yesterday.

AARON VINCENT ELKAIM/THE CANADIAN PRESS

Gunman on loose after 2 people wounded

Toronto police say two people have been shot and a gunman is on the loose in a west-end neighbourhood. Officers arrived at the scene near Bloor and Ossington after 1 p.m. yesterday, and found two victims suffering bullet wounds. Neither injury is considered life-threatening. No weapon has been recovered. **THE CANADIAN PRESS**

Report slams use of consultants

► Health minister, CEO of Ontario Hospital Association apologize ► Premier pledged to close loopholes on consultant use last year after eHealth scandal

The "fix was in" at the Ministry of Health when it came to awarding lucrative consulting contracts to favoured vendors, auditor general Jim McCarter said yesterday as he released a special report on the health-care sector.

There were "far too many examples" where consultants were hired by hospitals, local health networks and the Ministry of Health without tender or proper oversight, but they weren't on the same magnitude as last year's \$1-billion scandal at eHealth Ontario, said McCarter.

Findings

- The auditor found consultants were billing taxpayers for expensive dinners, alcohol, huge phone bills and luxury hotel rooms around the world.
- One hospital hired a former employee as a consultant a month after

"We did find many of the same problems (as eHealth) where consultants were being single-sourced (and) there was significant add-ons to original billings," he said.

he quit his hospital job, at fees that totalled \$240,000 annually — \$100,000 more than his previous salary.

- The report found another hospital hired a consultant at a cost of \$163,000 but the firm ended up with six untendered follow-up contracts worth \$1.1 million.

And while hospitals were singled out in the report for the worst examples of failing to keep a tight reign on consultants, the Ministry of Health had found a way around the

rules when it wanted to hire a favoured consultant, said McCarter.

"It looked like there had been a competitive process, but it was very clear that there was a preferred vendor and that vendor was allowed to re-submit a bid even though they may have been the highest vendor," he said.

The government has introduced new expense and procurement rules, said Health Minister Deb Matthews, who also promised to implement all of the auditor's recommendations. **THE CANADIAN PRESS**

Man accused of stunt driving

Provincial police say they clocked a car doing double the speed limit just north of Toronto, and have charged a Thornhill man with stunt driving.

Police allege a Lexus was travelling at 200 kilometres an hour in a 100-km/h zone on Highway 407 early yesterday.

The vehicle was stopped without incident.

Forty-seven-year-old Timothy Leon has a court date Nov. 22 in Newmarket to face the stunt-driving charge.

THE CANADIAN PRESS

7

Legislation calls for an immediate seven-day licence suspension and seizure of the vehicle for seven days.

Reward offered in shooting

Toronto police are hoping a reward will help solve a fatal drive-by shooting that happened more than a year ago.

Police say they will pay \$50,000 for information that leads to the conviction of the person or persons responsible for the death of Tevon Mitchell.

Mitchell was shot in east-end Toronto in the early hours of July 19, 2009.

In announcing the reward, Det.-Sgt. Graham Gibson said police do not believe Mitchell was the intended target.

THE CANADIAN PRESS

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news



News on the move

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Sole-source lease claims get smell test

Claim: George Smitherman said rival Rob Ford voted for a sole-sourced, long-term lease to a company that runs food concessions in the west end. Ford said he voted only for a report.

Background: As Ford accused his competitor of doling out \$10 million in sole-sourced contracts while at Queen's Park, Smitherman launched his own attack. "On the issue of sole sourcing, you were the swing vote in allowing Grenadier restaurants recently to gain a 15-year extension, sole-sourced, for their contract at the city of Toronto," Smitherman said.

Ford replied, "There's no deal signed at Grenadier... It's a report that's coming back. It's not going to be a sole-sourced deal."

The Grenadier Group holds exclusive food and beverage vending rights for the Western Beaches, as well as for High Park. The city had asked Grenadier to devise a proposal by which it would pay to retrofit the last remaining Joy Oil Station, a heritage property the city relocated to the Western Beaches in 2007. Instead, Grenadier offered to turn Joy Oil into a year-round restaurant and pump \$3 million into the Sunnyside Pavilion and concessions in exchange for an extension on all its agreements to 2031. Council approved negotiating this deal, despite staff recommendations to put the site up for bidding or negotiate a 15-year contract with Grenadier for the Western Beaches only.

Ford soon came under fire from other councillors for supporting the deal. **Smell test:** Both candidates are speaking half-truths. During an August meeting, council voted 20-18 to start talks with Grenadier, with Ford supporting the motion. Technically, the deal still must be approved by the next council.

But the negotiations are also much more than the "report" Ford suggests (in fact, by his vote he rejected the existing report's recommendation to seek alternatives). Instead, the decision lays the groundwork for an untendered extension being signed in the new year.

Verdict: Unscented. TORSTAR NEWS SERVICE

Beach. Kiteboarding



► Two kiteboarding enthusiasts take advantage of the gusty conditions yesterday at Cherry and Clarke beaches in the Portlands area of the city.

RICK MADONIK/TORSTAR NEWS SERVICE

Come fly with me

Candidates skip activity debate

► Smitherman's camp blamed Ford for pulling out of health debate first

Rob Ford and George Smitherman abruptly pulled out of yesterday's debate sponsored by Get Active Toronto, a coalition encouraging people to get healthy through exercise.

Despite the cancellations, the event continued with mayoral candidate Joe Pantalone, who spoke to about 200 people at the downtown YMCA beside two empty chairs.

"I would say it's disrespectful and disappointing," said organizer Catriona Delaney. "We wanted to know where Mr. Ford and Mr. Smitherman stood on the subject of the importance of physical activity and the health of Torontonians. Their actions spoke louder than their words."

Mayor David Miller is honorary chair of Get Active Toronto, a movement started by former Toronto medical health officer Sheila Basrur to address the fact that six out of

"Ford has not attended a number of debates, which is a bad habit for anybody who wants to be mayor of all the people. But Mr. Smitherman wants to copy that habit. I don't know who is worse."

JOE PANTALONE

every 10 Torontonians are inactive. Attendees from members, who include Toronto public health and parks and recreation, wanted to ask how they would curb Toronto's rising obesity rate, Delaney said.

About an hour before, an e-mail came in from the Ford camp "saying they had been on their way, but an issue had arisen and they were suddenly unable to attend. They refused to disclose what the issue was." Then, seconds before the event was to start, Smitherman withdrew, she said. TORSTAR NEWS SERVICE



► Timothy Eaton Memorial Church's time capsule will include a replica of a relay Olympic Torch, coins, newspaper clippings and money as well as some church materials. The Church is celebrating its 100th anniversary.

Church takes ribbing from Little Mosque

Timothy Eaton Memorial Church, built a century ago by the powerful Eaton family and sitting, as it does, nestled among the stately homes of Forest Hill, has never been able to shake its reputation as a house of worship for Toronto's upper crust.

So entrenched is its status as the church of the city's judges, bankers and doctors that a recent script on Little Mosque on the Prairie recently had characters referring to it as the snooty parish an Anglican priest aspired to lead.

Rather than getting upset at being labeled uppity or misunderstood, since Timothy Eaton is actually United Church and not Anglican, senior pastor Andrew Stirling thought it was all pretty funny.

"The good news is we were on television," he recalls telling his congregation. "The bad news is we are now Anglican, I'm a

boring fart who boozes, and you're a snobby bunch. But other than that, everything's just fine."

Parishioners took the TV ribbing with "great humour," according to Stirling. After all, TEMC, celebrating its 100th anniversary at two services this Sunday, can hardly deny its blueblood origins.

The church was established in 1910 on St. Clair Ave., west of Avenue Road, on property donated by the

widow and son of Timothy Eaton, who in 1869 had founded Eaton's department stores.

Stirling expects Timothy Eaton to evolve further as a "cathedral church," drawing on a growing number of members across the GTA. So it could be a very different congregation that opens an anniversary time capsule the church plans to place in its cornerstone next spring, for opening in 2110. TORSTAR NEWS SERVICE

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New trials ordered for two convicted moms

A judge has ordered new trials for two women who say they felt pressured into pleading guilty to killing their babies based on the work of now disgraced pathologist Dr. Charles Smith.

Ontario's highest court quashed both convictions today and the Crown said it will withdraw charges once the new trials begin, meaning both women would be effectively acquitted.

The names and hometowns of the women cannot be identified due to a publication ban, but they were referred to in court by their last initials of M and F.

Their lawyer James Lockyer described his clients — who were 18 and 21 at the time — as frightened young women who didn't know they were pregnant when they gave birth in the bathrooms of their homes.

The babies either were stillborn or died a few minutes after birth.

Lockyer argued the women felt they had no



► Dr. Charles Smith

choice but to plead guilty due to Smith's stellar reputation at the time as a pediatric forensic pathologist.

A judicial inquiry has since found the pathologist's work was responsible, in part, for several people being wrongfully convicted of killing children and sent to prison.

Lockyer told court yesterday that the women's lawyers in the 1990s had trouble finding experts willing to challenge the "infallibility" of Smith's

"It seems like the only thing to do was to plead guilty to manslaughter."

LAWYER JAMES LOCKYER, READING FROM HIS CLIENT'S AFFIDAVIT

opinion.

"Dr. Smith's reputation preceded him," Lockyer said. "Any challenger was bound to be viewed as a pretender."

M pleaded guilty to manslaughter, while F pleaded guilty to infanticide and has since been pardoned.

"I was ashamed of having brought turmoil to my family," Lockyer read from an affidavit from his client M.

Only one of the two women was in the courtroom yesterday.

Lockyer hugged his client upon hearing Justice Mark Rosenberg's decision to grant the new trials.

Rosenberg told Lockyer the court wanted to "acknowledge the suffering your clients have endured."

THE CANADIAN PRESS

Man appealing G20 bail conditions

One of the alleged ring-leaders of the G20 protests in Toronto plans to file an application for a review of his bail conditions.

Supporters said in a release that Alex Hundert was going to submit the application yesterday in Ontario Superior Court.

Hundert was released on \$100,000 bail following his arrest in June on three counts of conspiracy

related to the G20 activities.

However he was arrested again Sept. 17, after taking part in a panel discussion at Ryerson University, for allegedly violating his bail conditions.

Hundert was released last week after agreeing to new bail conditions, which included a ban on him speaking to the media, no association with certain people or posting on the Internet.

Groups including the Canadian Civil Liberties Association and the Canadian Association of Journalists have said the bail conditions go too far.

THE CANADIAN PRESS



► Pop superstar Justin Bieber performs in Vancouver on Tuesday night.

Radio station reprimanded over Bieber comments

► CFNY's Dean Blundell's words 'sexualized children,' according to Canadian Broadcast Standards Council

Toronto radio station CFNY has been reprimanded by the Canadian Broadcast Standards Council after a host made comments about Justin Bieber fans that the council concluded "inappropriately sexualized children."

In a decision released yesterday, the council said the comments violated part of its "equitable portrayal code," which prohibits the sexualization of children in broadcasting.

The council said CFNY morning host Dean Blundell tweeted about his dislike for pop superstar Bieber last October and suggested in vulgar terms that the singer was likely gay.

He subsequently received tweets from Bieber's

Result

- CFNY must now announce the decision on air within the next three days during peak listening hours, and once more during the time slot in which Blundell's show was broadcast last October.
- They must also prove to the council that they have done so.

fans, noting on air on Oct. 20, 2009, that they were likely 12 years old, the council said.

During that show, Blundell and his co-hosts then repeated select tweets and Blundell's responses, some of which apparently referred to incest.

According to the council's account: "To a female fan, Blundell said he had tweeted, 'Save your energy for puberty or to fend off your dad tonight while you're sleepin.'"

About the one male fan who had contacted him, Blundell said, "He'll be chuggin' before he's 18 ... if he likes that music."

The council concluded that the comments were "gratuitous and unnecessary."

The Canadian Broadcast Standards Council is an independent, non-governmental organization created by the Canadian Association of Broadcasters in 1986 to administer standards established by its members.

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CBCnews

School rejoices at ex-student's coma recovery

- Principal made school-wide announcement yesterday
- Neurosurgeon says key breakthrough came last week

Students and staff at a Toronto-area high school breathed a collective sigh of relief yesterday at word that one of their own had awakened from a coma following a deadly hostage-taking drama in the Philippines two months ago.

Members of Bronte College had been sending messages and well-wishes to Jason Leung, 18, as he lay in a Hong Kong hospital recovering from serious head injuries.

The teen was injured Aug. 23 when a disgruntled former police officer opened fire on passengers aboard a tour bus in Manila, killing eight people, in-



► Jason Leung

cluding Leung's father and two sisters.

Yesterday, hospital staff said Leung had not only regained consciousness, but was able to speak, remembered his name and recognized his mother.

Diane Finlay, principal

of the school from which Leung graduated in June, said word of his recovery will be welcome news to the school's staff and students, who have been sending T-shirts, teddy bears and recorded "get well" messages to the surviving family members.

"I'm just so relieved that he's wakened up," Finlay said.

"It sounds like he has a long road to travel, but we're encouraged. I've met his mother. She's a lovely woman, and it must be so wonderful to her, after suffering so much, to know her son can recognize her."

THE CANADIAN PRESS

Reminder to parents: Watch kids in strollers

Health Canada issued an advisory yesterday reminding caregivers not to leave children unattended in strollers, as it could put them at risk for entrapment, asphyxiation or falls.

Deaths and injuries have occurred when children were left sleeping unattended or when stroller restraint systems were not used, it said.

Health Canada has received one report of a Canadian fatality in a stroller due to entrapment; in 2006, the child was not restrained and was sleeping unattended in the stroller.

THE CANADIAN PRESS

2M

The Health Canada advisory coincides with the U.S. recall of about two million strollers after reports of four deaths.



FACEBOOK CHANGES 'IT'S LIKE GETTING DUMPED EVERY DAY'

Lovelorn Facebook users have won the sympathy of the site's administrators and will no longer have to confront an unwanted photo of an ex when they open up their profile.

A Facebook feature called Photo Memories occasionally flashes pictures of friends and family on a user's profile. Problem is, some users were being subjected to photos of old flames and former spouses, or photos of friends who have died.

A Facebook group called I HATE PHOTO MEMORIES — with the description: "A daily slap in the facebook. We hate you. Go away." — has attracted more than 600 members.

"It's like getting dumped every day! YAY!" user Rob Calhelha wrote a couple weeks ago in the group.

Product manager Sam Odio told users late Monday that Facebook is "listening to your feedback."

THE CANADIAN PRESS



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Victim's friend: 'I hope he rots'

- ▶ Victim impact statements read in court before Russell Williams
- ▶ Video of colonel's confession to police will be released to the media

OPP/THE CANADIAN PRESS

Col. Russell Williams is described as "evil, pure evil."

Those words were from Andy Lloyd, whose sister Jessica was brutally raped and murdered by Williams.

In delivering his victim impact statement to a Belleville courtroom, Lloyd said his father — who spent 25 years in the navy — would have been "mortified" to learn that his daughter's killer was a military commander.

Lloyd's father died of cancer when she was 14, some 13 years before Williams took the woman captive, raped her repeatedly, and murdered her earlier this year.

The whole side of the courtroom where the family sat broke out in applause after Andy Lloyd left the witness stand.

Williams has been convicted of two counts of first-degree murder in the killings of Lloyd, 27, and Cpl. Marie-France Comeau, 37, and dozens of other charges, including sexual assaults.

Police formed a human barrier between Williams and Lloyd's loved ones as they came forward to deliver victim impact statements. Many refused to take the chair provided for them, instead standing and facing Williams directly.

Two even challenged Williams to lift his bowed head and look at them — which he did, eliciting a gasp from those in court.



▶ Col. Russell Williams is shown in his police interrogation video from last February.

"It's a smart man, outsmarted by a smarter man."

OPP DET. INSP. CHRIS NICHOLAS
ON THE SUCCESS OF THE POLICE
INTERROGATION OF WILLIAMS

One woman, Lisa, who described herself as Lloyd's best friend, said Williams's monstrous acts caused her to question her faith in the military and God.

"I hope he rots," said another friend of Lloyd's.

The former air base commander adds that Lloyd did not suspect she was going to be killed because "she believed she was going home."

The letter was released

yesterday after a video of Williams's confession to police was shown in court.

During the Feb. 7 confession, Williams told police that while he did ask himself why he raped and killed women he could never come up with an answer and he was "pretty sure the answers don't matter."

Williams told police he'd thought about his crimes, but didn't have any answers as to why he committed them.

When asked how he feels about what he's done, Williams tells his interrogator "disappointed."

Confronted with evidence linking him to the

gruesome sexual assaults and murders, Williams turned from a gum-chewing, grinning murder suspect to a teary-eyed man desperate to protect his wife's home from a destructive police search.

THE CANADIAN PRESS



Neighbours want Williams's cottage — where one murder took place — to be knocked to the ground.
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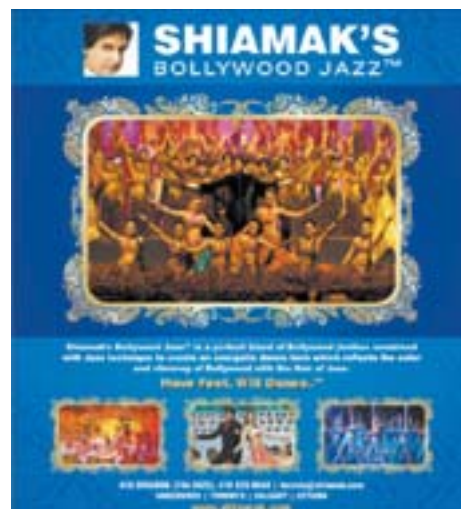
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metro

metronews.ca

THURSDAY, OCTOBER 21, 2010

EMILIO MORENATTI/THE ASSOCIATED PRESS



► A bill passed in Spain yesterday will turn all bars and restaurants into no-smoking zones.

No ifs and butts, Spain gets tough

► Anti-smoking bill is stricter than many countries in Europe ► Hotels can keep 30% of rooms for smokers

Spain, famed for its smoke-filled bars and corner caf  s, set the stage yesterday for a tough new anti-smoking law.

A bill passed by a parliamentary commission will transform all bars and restaurants into no-smoking zones.

It's expected to become

law on Jan. 2 — ending Spain's dubious distinction of being one of the easiest places in Europe to light up.

The law will also prohibit smoking in outdoor places such as playgrounds and the grounds of schools and hospitals.

Nonsmoker Miguel Gon-

zalez welcomed the law, saying he'll finally be able to breathe cleanly when he goes out for a coffee or a beer.

"Given the time I have spent in this bar, I think I'm more of a smoker than a real smoker," Gonzalez said.

THE ASSOCIATED PRESS

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U.K. rolls out austerity cuts

► Bank bailouts, tax shortfalls force tough measures

Fighting record debt, the British government yesterday outlined the largest cuts to public spending since World War II — slashing benefits and thousands of public-sector jobs with an austerity plan aimed at restoring the nation's finances.

As many as 500,000

\$128B
Treasury chief George Osborne confirmed there would be \$128 billion in spending cuts through 2015.

public sector jobs will be lost, about \$28.5 billion axed from welfare pay-

ments and the pension age raised to 66 by 2020, earlier than previously planned.

Even Queen Elizabeth II will take a hit, asked to trim the budget the government provides for her palaces and staff by 14 per cent.

THE ASSOCIATED PRESS

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A walk to remember

Today's photo of the day is by Canadian Aso Pia and was submitted in the Everyday Travel category. The photo is titled Through. Enter your photos today and view more pictures at metrophotochallenge.ca.



Police assessing dumpster baby's mom

Police say the mother of a newborn boy found alive in the garbage dumpster at a housing complex says she didn't know she was pregnant until after she gave birth.

The baby was allegedly found in a garbage bag by people who heard it crying Tuesday. The child appeared to have been born within hours of being abandoned and was stable in hospital yesterday.

The mother was found and taken to a Calgary hospital about an hour after her newborn was discovered. A psychological assessment was to be performed on her and police said charges were pending.

Child abandonment, failing to provide the necessities of life and attempted murder are among the charges being considered, Barber said.

The father was also located by investigators.

THE CANADIAN PRESS

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News in brief

Cop accused of theft

CRIME. A Hamilton police officer has been charged with theft from a construction site while on duty.

Police allege they recovered property stolen from the site when they searched a home on Tuesday.

Const. Doug McKee, 42, is charged with theft and possession of stolen property under \$5,000 and breach of trust.

The 12-year veteran of the Hamilton police is due in court Nov. 15.

He has been suspended from duty.

THE CANADIAN PRESS

\$25K fine on drug charges

COURT. A woman from eastern Ontario has been fined \$25,000 after pleading guilty to drug charges in Trinidad and Tobago.

Twenty-six-year-old

Shannon Frater, of Marmora, was also ordered Tuesday to serve a 12-month prison term if she fails to pay the fine.

The mother of two pleaded guilty to possession of cocaine for the purpose of trafficking.

She claimed she was transporting the drugs to make money for medical treatment for her son, who has cerebral palsy.

THE CANADIAN PRESS

Woman found guilty of rival's murder

BELGIUM. A jury has found a 26-year-old schoolteacher who killed a love rival by sabotaging her parachute guilty of murder.

The teacher, Els Clottemans, faces a maximum penalty of life in prison. Sentencing is set for today.

The jury said yesterday that Clottemans disabled the parachute of Els Van Doren just before the two joined a sky dive over Eastern Belgium in 2006. **THE ASSOCIATED PRESS**

Canadian content still top of mind at CBC: Boss

Corporation marking 75th anniversary next year

CBC president Hubert Lacroix says the public broadcaster has emerged from a round of deep cuts to staff and programs with a renewed commitment to Canadian content and regional programming.

The broadcasting boss says the next five years will be guided by three main principles: A commitment to Canadian content, a renewed connection to the regions and an aggressive plan to develop online platforms.

He made the comments in an annual public meeting that was streamed live online from the broadcast centre in Ottawa.

CBC's chief financial officer, Suzanne Morris, said last year's \$171-million



budget shortfall was compounded by \$36 million in severance costs that were part of a recovery plan.

That plan eliminated 800 positions and sold off assets in a bid to offset a



► Canadian Broadcasting Corp. president and CEO Hubert Lacroix

sharp drop in advertising.

She said the financial picture has brightened

considerably, but that the economy is still fragile.

THE CANADIAN PRESS

Octoberfest

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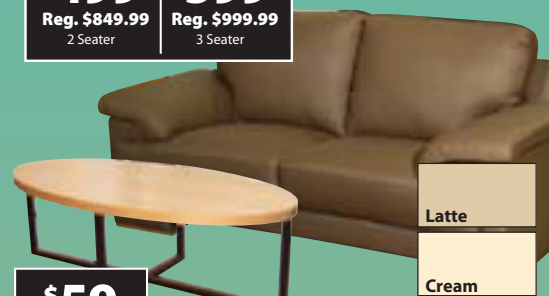
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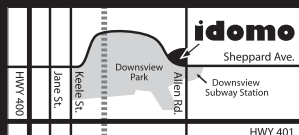
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'RBC provides great service and helped me build a new life'

When Buta Uppal came to Canada in 1997, he could have never imagined the success that awaited him.

Buta soon discovered, however, that building a new life meant starting over again from the ground up. Although his family owned a poultry farm back in India and he had helped them run the business, he took an entry-level job at a poultry plant in British Columbia at minimum wage. This helped him to learn the business from a Canadian perspective. Buta was able to quickly familiarize himself with Canadian business practices and within six months of working at the poultry plant, he was able to set-up and begin running his own business. Today he runs a successful poultry products company in British Columbia.

"The business was very small at first, and there were lots of challenges along the way," recalls Buta. He persisted through the ups and downs and worked hard to make his company successful, all while establishing a new life here.

From early on, RBC Royal Bank® helped him to build the strong financial foundation that would support his success. He worked closely with his RBC® account manager, Jasmail who set up the right accounts for both his business and his personal banking. Buta also acquired a mortgage for his home with RBC.

"The people at RBC have always understood what I wished to do and they help me do it. The service is excellent." Jasmail continues to ensure Buta's banking is on track, providing advice on ways that he can save money.

Buta also appreciates being able to speak with someone in his native language —

Punjabi. "Working with someone who is friendly and who speaks my language has been very helpful to me in organizing my finances."

In many ways, Buta is the epitome of a successful new Canadian; he's worked hard and has built a new life for himself in his adopted country. He now owns and operates a multi-million dollar business that employs 35 people. "My business is in good shape. I am planning to grow it further, but I am pleased that it is on track." When he takes the next step, Buta knows that RBC will be



there for him, as it has been every step along the way.

"My whole family banks here and I would recommend RBC to anyone. They've helped me a lot. They provide good advice and great service."



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metro

metronews.ca

THURSDAY, OCTOBER 21, 2010

Mental tests for alleged killer

▶ Extradited from U.S., he faces two murder charges

A Halifax man extradited from the United States to face two murder charges in Nova Scotia will undergo psychiatric assessments.

The aim is to determine whether he is fit to stand trial and if he was mentally competent at the time of the alleged offences.

Glen Race made a brief appearance yesterday in provincial court in Bridgewater to face first-degree murder charges in the deaths of Michael Knott and Trevor Brewster.

Their bodies were found dumped in secluded locations in May 2007.

The deaths made national headlines in part because they prompted a rare warning from police that people should use caution in areas where gay men cruise for sex.

Race was brought back



to his native province on Friday from the U.S., where he is serving a life sentence in the murder of an upstate New York man.

Defence lawyer Joel Pink said he expects the

court will consider Race's paranoid schizophrenia in dealing with the case.

"The purpose here is to have a finding that he was not criminally responsible and to get the necessary treatment that he deserves here in Canada," Pink said outside court.

Crown lawyer Denise Smith said outside court that the extradition agreement with the U.S. requires that Race be returned to New York state, whatever the result of the Canadian legal process.

Smith said the case is governed by "an order of temporary surrender, which says that within 45 days of these proceedings ending Mr. Race will be returned to the United States to serve the rest of his sentence there."

THE CANADIAN PRESS

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Don't ask, don't tell policy in limbo

The Obama administration yesterday asked a U.S. appeals court to immediately suspend a judge's ruling that overturned the military's "don't ask, don't tell" poli-

cy on gays.

Under the policy the military may not ask armed service members about their sexual orientation and service members may not disclose it.

The Obama administration says it is in favour of repealing the law, but says letting the ruling of U.S. District Judge go forward immediately would be a major problem for the military.

THE ASSOCIATED PRESS

Court papers say:

Effectively developing proper training and guidance with respect to a change in policy will take time and effort. The district court's injunction does not permit sufficient time for such training to occur, especially for commanders and service-members serving in active combat.

Hillary Clinton shows support for gay teens

► In video message put on YouTube Clinton urges youths to ask for help

Secretary of State Hillary Rodham Clinton has joined the chorus of celebrities offering support to gay U.S. teenagers who are suffering from bullying, advising them to "hang in there and ask for help."

In a videotaped message posted Tuesday on YouTube, Clinton said she was saddened by recent suicides by young Americans who were bullied for being gay, or because people thought they were gay.

"These most recent deaths are a reminder that all Americans have to work harder to overcome bigotry and hatred," Clinton said.

Anti-gay bullying has been in the spotlight recently after the suicides of several teenagers. The victims included Asher Brown, 13, who shot himself with his father's handgun, and Tyler Clementi, 18, the Rutgers

University freshman who jumped off the George Washington Bridge in New York after his roommate secretly recorded him with another male student, then broadcast the video online.

"I have a message for all the young people out there who are being bullied, or who feel alone and find it hard to imagine a better future: First of all, hang in there and ask for help," Clinton said.

"Your life is so important — to your family, your friends, and to your country. And there is so much waiting for you, both personally and professionally — there are so many opportunities for you to develop your talents and make your contributions."

THE ASSOCIATED PRESS



Check out Clinton's video message at metronews.ca/world

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Germany. Snowfall



► First snow covers the mountains at lake Schliersee near Schliersee, southern Germany, yesterday.

MATTHIAS SCHRADER/THE ASSOCIATED PRESS

One photo, two seasons

Meteorologists predict lasting winter conditions in the upper regions of Bavaria for the coming days.



► Israeli women's-rights campaigners put themselves on display in a shopping mall in Tel Aviv, with price tags on them and next to them, during the Woman To Go event, in protest against human trafficking of women, on Tuesday.

Equality for women not yet a reality: UN

► Women live longer than men, more are attending school, but they're still shut out of top jobs: Report

New United Nations statistics show that women's equality is still a dream and there are currently 57 million more men in the world than women.

A 255-page report The World's Women 2010 released yesterday shows women living longer than men. It also shows there has been progress in edu-

52

The statistics show that about 52 per cent of women are working compared with 77 per cent of men.

cation, with enrolment of girls in primary school in-

creasing from 79 per cent in 1999 to 86 per cent in 2007.

But it found women to be severely underrepresented in decision-making positions in government and the private sector, with only 13 of the world's 500 largest corporations led by female CEOs.

THE ASSOCIATED PRESS

CONSTRUCTION

14 alleged scammers arrested

Police and provincial tax authorities say they have cracked a \$27-million fake billing scam involving Quebec construction companies.

Fourteen people were arrested yesterday following raids on the alleged false-billing and tax-evasion ring.

It wasn't immediately clear if all the businesses

Ring

► The alleged ring leader is accused of failing to pay \$1.5 million in taxes.

► The companies are also facing fines worth more than \$1.5 million for unpaid provincial and federal sales tax.

said to be providing fake bills were alleged shell companies or legitimate businesses.

The estimated tally of the fraud is \$27 million, according to Revenue Quebec.

THE CANADIAN PRESS

Hubble photo takes scientists on trip back in time



Astronomers say they've found the oldest thing they've ever seen in the universe. Scan code for story.

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BULLIT MARQUEZ/THE ASSOCIATED PRESS



► Ilagan township in northeastern Philippines, two days after typhoon Megi barreled through the area.

Megi heads for China

- Winds have weakened to 175 km/h but are expected to pick up again
- Storm is projected to make landfall in Guangdong province on Saturday

Residents stockpiled food and ships were ordered to dock yesterday as southern China braced for a typhoon that has already lashed the northern Philip-

ppines amid floods that have killed more than 70 people across Asia.

Typhoon Megi packed winds of 225 kilometres per hour when it struck

the Philippines on Monday. Officials reported 20 deaths, including several people who drowned after being pinned by fallen trees. The storm damaged

thousands of homes.

Late Wednesday, Megi was about 550 kilometres southeast of the southern financial hub of Hong Kong. **THE ASSOCIATED PRESS**



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Audit on the way for auditor general?

The federal whistleblower's advocate may have had the whistle blown on her.

A spokesman for the auditor general's office says complaints about the Public Sector Integrity Commissioner have prompted an audit, but he won't release any further details.

Commissioner Christiane Oumet's most recent annual report addressed the challenges of leading such a new government body and she said she

100 Since the integrity commissioner's office was set up in 2007, it has received over 100 claims of bureaucratic wrongdoing, but hasn't yet found any to be valid.

hopes public servants eventually get more comfortable with coming forward. But they won't be talking to her — Oumet has also announced she is retiring only three years into her seven-year term.

She was named the first integrity commissioner after the Harper government established the office in the wake of the sponsorship scandal.

THE ASSOCIATED PRESS

News in brief

31% think Iggy blew UN race

POLL. Nearly a third of Canadians accepted the Tory government's claim that Liberal Leader

Michael Ignatieff cost the country a spot on the UN Security Council, a poll suggests. Some 31 per cent of respondents in The Canadian Press-Harris Decima survey said they thought the "public criticism" caused Canada to lose a race for a seat on the UN's most powerful body. **THE CANADIAN PRESS**



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French protests see growing urban violence

Workers opposed to a higher retirement age blocked roads to airports around France yesterday, leaving passengers in Paris dragging suitcases on foot along an emergency break-down lane.

President Nicolas Sarkozy vowed that his conservative party would pass the reform that would change the retirement age from 60 to 62 in a Senate vote expected today.

At Charles de Gaulle airport north of Paris, the nation's biggest, protesters sang the French national anthem before pushing through a police barricade.

"It is like we are on another planet," said Canadian traveller Olivier Lejour,

waiting to take off from Charles de Gaulle.

Riot officers in the suburb of Nanterre and the southeastern city of Lyon sprayed tear gas but appeared unable to stop the violence.

Nationwide, about one quarter of gas stations are dry, the environment minister said.

This week's clashes revived memories of student unrest in 2006 that forced the government to abandon another highly unpopular labour bill.

And the spectre of 2005 riots that spread through poor housing projects nationwide with disenfranchised immigrant populations is never far away.

THE ASSOCIATED PRESS



► Security Civilie soldiers fill in for striking garbage collectors in Marseille yesterday.

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Canada's troops make progress in Panjwaii

► New checkpoints set up around Nakhonay ► City is at axis point of key transit routes for insurgents

Canadian troops are tightening their grip on eastern Panjwaii as coalition allies move against insurgents in the western edge of the strategically important district near Kandahar city.

U.S. and Afghan forces have begun long-awaited operations in what's known as the Horn of Panjwaii, where the Taliban have had free reign in recent years.

It is expected to be a central part of the third phase of Operation Hamkari, the latest push by NATO to secure the restive southern province of Kandahar.

Military officials say that following earlier phases of the operation,

Ballots tossed

Afghanistan has thrown out nearly a quarter of ballots cast in last month's parliamentary elections because of fraud, according to full preliminary results released yesterday.

THE ASSOCIATED PRESS

which focused on Kandahar city and Arghandab district to the north, several hundred insurgents retreated to the Horn and neighbouring Zhari.

"In terms of the capacity of the insurgency to interfere with Kandahar city clearly this is an important area," Maj.-Gen. Nick

Carter, who heads NATO troops in southern Afghanistan, said recently.

Carter said he hopes NATO troops have established an effective cordon around the Horn.

"Western Zhari and Panjwaii are where the Taliban first came to power in the mid '90s and as a result, it's always been (an) area where they've always had relative freedom of movement," Carter said.

Blocking the insurgent access to Kandahar city is a series of checkpoints set up under the command of Canadian troops, but for the most part staffed by Afghan National Army soldiers. THE CANADIAN PRESS

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Consider future in Afghanistan: Group

► U.S., Britain would like to see Canada leave some troops behind to help NATO train Afghan forces

Canada's non-military future in Afghanistan needs to be the subject of a much "richer" debate that ought to be taken up by Parliament, says a leading aid agency.

That suggestion by CARE Canada yesterday echoed recent demands by federal opposition parties for a more robust debate in Parliament on what Canada will specifically do in Afghanistan once Canadian Forces personnel withdraw from combat

next summer.

It came as CARE released a report yesterday that urged the Harper government to focus on the fight for the rights of Afghan women after it pulls Canadian troops out of the country next year.

CARE Afghanistan says 87 per cent of Afghan women have suffered some form of abuse in their lifetime.

"We feel that the discussion could be much richer," CARE executive



director Kevin McCort said yesterday.

Conservatives have so far brushed aside Opposition requests for a full Parliamentary debate on the

future of the mission, saying only that it will focus on diplomacy and development after combat operations end in 2011.

THE CANADIAN PRESS



► Jennifer Rowell, policy and advocacy coordinator for CARE Afghanistan, holds up a copy of her report during a news conference in Ottawa yesterday.

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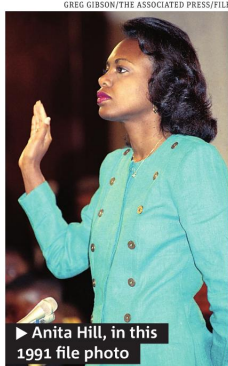
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No apology for 1991 accusation against judge

► Wife of U.S. Supreme Court justice asked former employee to apologize over sexual harassment claims

Explosive sexual harassment allegations that nearly derailed a Supreme Court nominee's confirmation 19 years ago returned to the headlines yesterday with the justice's wife calling his accuser to ask her for an apology.

Anita Hill's allegations against then-nominee Clarence Thomas in 1991 sparked a national debate about sexual harassment in the workplace. Thomas, who denied the allegations, was narrowly confirmed by the Senate. Hill was alternatively hailed for her bravery for stepping forward or vilified as



► Anita Hill, in this 1991 file photo

a politically motivated liar. Thomas' wife, Virginia,

had left a voice mail message on Hill's phone on Oct. 9 asking her to say she was sorry for the allegations that surfaced at Thomas' confirmation hearings for a seat on the top court bench.

"I have no intention of apologizing because I testified truthfully about my experience and I stand by that testimony," Hill, now a Brandeis University professor, said in a statement released Tuesday night.

In her statement, Hill said, "I certainly thought the call was inappropriate." She had worked for Clarence Thomas in two federal government jobs prior to the time he was selected for the court by then president George H.W. Bush for the Supreme Court.

During his Senate confirmation hearings, Clarence Thomas adamantly denied Hill's accusations that he made inappropriate sexual remarks, including references to pornographic movies.

THE ASSOCIATED PRESS



Pakistan Problem solved



► Groom Azhar Haidri sits with his brides Humaira Qasim, 28, right, and Rumana Aslam, 21 — the woman with whom he had fallen in love — in Multan, Pakistan yesterday.

KHALID TANVEER/THE ASSOCIATED PRESS

Two wives are better than one?

Azhar Haidri, a 23-year-old Pakistani man, married two women in 24 hours, gaining national attention for his novel solution to a dilemma over wedding the woman he loves or going ahead with the marriage his family arranged.

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A new report from TD Economics warns that one in 10 Canadian households could find themselves in financial distress when interest rates rise.

TD's chief economist Craig Alexander says personal debt levels have become excessive as

Canadians get more accustomed to easy borrowing.

And he expects debt levels will continue to increase more rapidly than income growth.

He says that could cause problems for those carrying high debts when interest rates inevitably rise further.

The Bank of Canada has signalled similar concerns about high debt loads, but will hold its key lending rate at the relatively low one per cent as economic growth slows. **THE CANADIAN PRESS**

Cisco to take
over RIM?

BlackBerry maker Research In Motion could be a takeover target down the road by telecom equipment giant Cisco Systems Inc., says a UBS analyst.

RIM and U.S.-based Cisco have more synergies than software giant Microsoft, which has been cited as a possible RIM suitor in the past, analyst Phillip Huang said yesterday.

Huang said synergies between Cisco and RIM include BlackBerry integration of Flip digital camera



technology.

RIM has been mentioned as a possible takeover target for the last few years. Potential suitors often mentioned included Microsoft, Cisco, IBM and Hewlett-Packard. **THE CANADIAN PRESS**

\$1.37

Shares in RIM closed up \$1.37, or 2.8 per cent, at \$50.19 yesterday on the TSX.

Ottawa miner boasts
of Burkina bonanza

Stock in Orezone Gold Corp. soared more than 50 per cent yesterday after the Ottawa-based miner "substantially increased" the resource estimate for its Bombore gold project in Burkina Faso.

Orezone closed up 76 cents, or 50.33 per cent, at \$2.27 on volume of 12.7 million shares, making it the second most active issue on the Toronto Stock Exchange.

Orezone reported after markets closed Tuesday that gold resources at its 100 per cent owned Bombore deposit in the West African country "have substantially increased."

"Bombore is now the largest undeveloped gold deposit in Burkina Faso and it remains open at depth and along strike," president and CEO Ron Little said in a news release. **THE CANADIAN PRESS**

Group
moves to
acquire
newspaper

A group says it's assembling investors to make a bid to purchase The Boston Globe from its parent company, The New York Times Co.

The 2100 Trust, a Massachusetts-based limited liability firm, says it wants to make a "significant long-term investment" in the paper. **THE ASSOCIATED PRESS**

Carney says
stay positive

► Acknowledges low interest rates are not without risk

SEAN KILPATRICK/THE CANADIAN PRESS

The Canadian economy likely suffered the worst quarter since the recession over the summer months, but Bank of Canada governor Mark Carney warns against taking too gloomy a view.

"I wouldn't obsess about the third quarter," Carney told reporters yesterday after Canada's central bank released its latest global economic outlook.

The bank conceded the economy likely continued to brake in the July-September months to 1.6 per cent growth — down from two per cent in the second quarter and the distant memory of the first quarter's 5.8 per cent advance.

But Carney said Canadians should take a longer view and also take comfort that no matter how modest, at least activity is still positive.

"Two years ago, I (would have said) the economic picture we've just seen would have made the bank happy, would have made Canadians happy, given the alternative," he said.

"We've recovered the jobs, we've recovered the lost output, we are doing better than virtually anybody else in the advanced world."

Canada's current rate of growth is about half the pace the bank had expected a few months ago, and even slower than the U.S., but Carney notes that there's no comparison between the Canadian and U.S. economies.

While all and more of the about 400,000 jobs Canada lost during the recession have been recovered, the U.S. has only recouped about 15 per



► Mark Carney, governor of the Bank of Canada, walks with senior deputy governor Tiff Macklem as they make their way to a press conference to discuss the contents of the Monetary Policy Report at the National Press Theatre in Ottawa yesterday.

On shaky ground

The Bank of Canada says that in the balance it still believes the recovery will continue, but it highlights "important" risks with the potential to upset the apple cart.

► Debt burden Canadian households are steeped in debt and could become a drag to the economy should housing prices collapse.

► By the numbers Latest data shows debt-to-disposable income among households has reached a record 147 per cent.



cent of their losses. And Canadian domestic demand is outpacing the U.S. by 20 per cent.

Dangers lurk, however, as the bank's latest quarterly review makes clear. **THE CANADIAN PRESS**

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► From left, European Commissioner for the Economy Olli Rehn, European Investment Bank president Philippe Maystadt and European Commissioner for the Internal Market Michel Barnier during a round table meeting of EU finance ministers at the Kiem Center in Luxembourg on Tuesday.

EU sets plan for an alternative to bank bailout

► Avoiding bailouts will be a key issue at Group of 20 rich and developing nations meeting next month in Seoul

The European Commission outlined radical measures yesterday to deal with banks that run into trouble with the aim of making shareholders and creditors, not taxpayers, foot the bill.

It proposed that supervisors be allowed to suspend dividends, replace managers or force asset sales to spare governments from having to decide between

€5 trillion
Since the collapse of Lehman Brothers in 2008, European governments have spent more than €5 trillion on supporting banks, according to EU data.

letting a bank fail — at the risk of disrupting the entire financial system — or

let taxpayers bail it out.

One key part of yesterday's plan is the creation of national resolution funds. These would provide the money necessary to allow an orderly winding down of banks.

The commission wants EU governments to introduce bank levies to raise the revenues for their resolution funds.

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PARENTS CAN BE FACEBOOK FRIENDS

He says ...

JOHN MAZEROLLE



I'm in a relationship with my parents and it's complicated.

There comes a time in the lives of all children when they must deal with a delicate question about their parents: Confirm, or Ignore? My parents sat in Facebook limbo for years, the two-headed profile "MargeBob" stuck on my page like the bad guys from Superman II trapped in the 2-D prison.

But recently I decided that my real-life friendship with my parents must be worth a virtual friendship.

I decided that when people look back on their lives, they regret what they didn't do, not

what they've done.

And I decided that I needed a column topic.

So I accepted their request and Facebook announced to the world that, after 34 years, I am now friends with my parents.

So far, so good. They haven't done anything embarrassing yet, like posting naked baby pictures of me on my wall, or showing up in Yoville trying to be cool.

I did have to label one video NSFMP (Not Safe For My Parents), but that's it so far.

In reality, my parents were never what was holding me back. I was embarrassed about my "friends."

"Family members, friends, fools, and frenemies, they're all 'friends' now."

It's a familiar story for me.

When I was in my early teens, my dad once asked if I wanted to play tennis with him. I said yes, but then I saw my "friends" were at the court. Their idea of a good time was getting the best loogie built up by smoking cigarettes and eating Oreos.

I was in the suburbs of a small city. Friendship was geography.

So I told my dad I didn't want to play because my friends were there and — children don't forget this stuff — Dad got choked up.

Now, 20 years later, geography is no boundary to friendship. Nor, as any computer user knows, does actual friendship bear any

relation to Facebook friendship.

But to hell with it. Family members, friends, fools, and frenemies, they're all "friends" now. Those Seinfeld episodes where Jerry or George worry about "the two worlds" colliding seem hopelessly out of date.

We're all in the same world now. I'm happy to have Mom and Dad in that group.

Amidst all the self-promotion, self-flagellation, and self-love in the status updates, my parents are the rarest of Facebook users: They're happy.

"Ain't life grand!" was a recent update. In future, MargeBob, I'd appreciate an NSFMC (Not Safe For Cynics). Thanks.



Read more of John Mazerolle's columns at metronews.ca/hesays

Cartoon



MICHAEL DE ADDER

Cold nixes fashion sense

Letters & Tweets

Why's
too early for a toque?

TORONTO. There's no such thing as "too early." If you're cold, worry less about being seasonally appropriate and just put one on. If people would accept this simple solution, we'd have less unpleasant scenes like the one I overheard in a gas station the other day, with an older man in a lightweight windbreaker screaming at an overworked cashier who was operating two registers and dealing with multiple customers for not ringing up his gas fast enough because it was cold outside.

Raise your toque



COLIN MCCONNELL/TORSTAR NEWS SERVICE

To Angry Windbreaker Man: A toque would cost you less money than you spent on gas and unlike your car would probably make you a bit less loathe-some.

KATHY BIBSON

@kelstablous it is never too early for a toque.

@deadlytoque I had frostbite on my ears 12

years ago, & they never recovered.

I wear a toque whenever the temp goes under 10, or they hurt.

TORONTO There's no such thing as too early for a toque, in my opinion. They're cute and stylish, especially those well-designed ones. Fall, winter, spring. Why not? **JHOBBELL KRISTYL**

Do cities really need a mayor?

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Metro Minute at Smoke's Poutinerie

It may look like something the dog threw up, but poutine — that decadent cornucopia of fries, gravy and cheese curds — is also the most culturally recognizable Canadian food outside our borders.

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drive about five hours east to Montreal.

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● JORDANA DIVON



DAVID COOPER/TORSTAR NEWS SERVICE

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#4 I connect with my family from Toronto to Mississauga on a daily basis. I enjoy using the **MiWay** buses, as the drivers are very pleasant. I think service is improving every day as the city grows. **WAY TO GO!**

● Alicia Williams



#3 The places and people of Mississauga are a rainbow of diversity to me. I connect with this rainbow of people, food and music everyday in my home city of Mississauga.

● Bhupinder Deogun



Look for our #2 winner in next week's paper!



The new Mississauga Transit



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Longoria's perfume about confidence



**HEATHER
BUCHAN**
SCENE@METRONWS.CA

She shot to stardom six years ago when the hit TV show *Desperate Housewives* — in which she plays the hilariously vain and materialistic Gabrielle Solis — first premiered, and Eva Longoria Parker hasn't looked back since.

Aside from acting, Longoria Parker has ventured into producing and directing, serves as the international spokesperson for L'Oréal Paris and is actively involved in numerous charities.

Her most recent endeavor, a year in the making, is the creation of her signature fragrance Eva by Eva Longoria.

While in Toronto recently to launch her eponymous perfume, the 35-year-old beauty sat down with Metro to chat about how the scent came about, what the future holds for her and the importance of giving back.

Why did you create this fragrance?

I was always allergic to perfume and could never wear it.

I always felt they were too overpowering and I just wanted something that was easy to wear — something light and fresh and clean.

I wanted to create a scent for myself. Then I found out that a lot of women felt that way.

What do you hope to offer women with your perfume?

I hope that they wear it and they feel sexy and confident. I find if you smell good, you carry yourself in a different way. Scent is an intense emotional connection.

What do you find most gratifying about your role on *Desperate Housewives*?

I love that it was a groundbreaking show with four female leads — three over 40 — dealing with universal themes of the modern woman: Marriage, divorce, dating, children.

What haven't you tackled yet professionally that would still love to?

Oh god, everything. I feel like I haven't even tapped into the success I'm supposed to have. I think the best is yet to come, whether it's producing or directing or acting. I just think my best project has yet to be discovered.

You are involved in a lot of charities. Was being charitably active something that was instilled in your by your parents?

Yes, I have a special needs sister. That's why I created Eva's Heroes (in San Antonio, Texas). Early on I was introduced to volunteerism from my mom and aunts.

That was a big thing in my family, to always give back. I thought that was the way everybody was.

I didn't realize that was an anomaly.

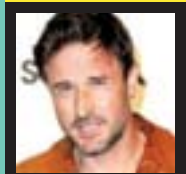


► Eva Longoria Parker poses in The Perfume Shop to promote the UK launch of her new fragrance Eva held at Westfield on September 5, 2010 in London, England.

2

scene

News in brief



Actor David Arquette is lending his quirky star power to the campaign against a November ballot measure that would suspend California's greenhouse gas emissions law.

Arquette appeared in Sacramento on Tuesday to promote a series of online videos opposing Proposition 23. Oil companies have donated the bulk of the money to support Prop 23. It would indefinitely suspend a 2006 California law that seeks to reduce greenhouse gas emissions statewide to 1990 levels over the next decade.

THE ASSOCIATED PRESS



Mrs. Brady bucks the ballroom: Reluctant Florence Henderson leaves *Dancing With the Stars*

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Album reviews

A classic ●●●●● | Buy it ●●●● | Get the single ●●● | Borrow it ●● | Don't bother ●

Bland rock falls short

Kings of Leon

Album: Come Around Sundown

Label: RCA/Sony Music ●½

No matter how hard I've tried, I've never been able to figure out why people get so excited about the Kings of Leon. The band hasn't released one interesting record in their seven-year career (cue the hate mail); their albums have always felt half cocked and their airy "atmospherics" make them more of America's Coldplay than the more interesting indie rock bands they've been compared to. Despite that, I had hoped this record would prove me wrong, that there was something about the album worth shelling out \$15 bucks for. I was wrong. Come Around Sundown is, without a doubt, their worst record. First of all it's in-



credibly boring. The entire record features sluggish, overwrought tunes that are slow and vacuous enough to put any insomniac to sleep. It's almost pointless to scrutinize one song since they're all as frustratingly bland as the next. The band are obviously trying

to recreate the success they had with their huge hit Use Somebody, and if that was their goal they succeeded with flying colours — these songs are just as sleepy and vapid as that track was.

Outstanding track: Radioactive

● BRYAN BORZKOWSKI

Sugarland

Album: The Incredible Machine

Label: Mercury ●½

We have a winner for most obnoxious song of the year: Sugarland's

Stuck Like Glue. The repetitive bubble gum pop chorus, the teen movie opening verse and the incredibly misguided faux-reggae breakdown sounds a lot like running fingernails down a chalk-

board. The rest of the record's no better. Opener All We Are's big rock riffs, soaring vocals and classic rock shouts are made for big audiences.

Outstanding track: All We Are ● BRYAN BORZKOWSKI



Jim Bryson and The Weakerthans

Album: The Falcon Lake Incident

Label: MapleMusic ●●●●

The Weakerthans might be the main draw in this collaboration, but it's Jim Bryson who steals the show on The Falcon Lake Incident.

A touring member of the band, the Ottawan's sardonic and sweet folk songs feel at home in the hands of the Winnipeggers. The two parties have undeniable chemistry that brings some real warmth and sincerity to Bryson's material, which is saying something, considering it was recorded at the titular Manitoba locale in the dead of winter.

Outstanding track: Free-ways In The Frontyard ● CAM LINDSAY

Elton John and Leon Russell

Album: The Union

Label: Universal ●●

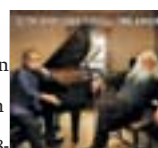
Elton John and Leon Russell are kindred spirits when it comes to songwriting and piano playing. Unfortunately, their voices are worlds apart. There's that sweet, spirited tenor of Sir Elton and then there's the cranky old whine of Russell. It

was a lovely idea for Sir Elton to reach out to his 68-year-old mentor, but not necessarily good one.

Russell fans will enjoy the rootsy stuff he sings here. And John fans will like his pop offerings. Neither will like the duets.

Outstanding track: Hey Ahab

● GRAHAM ROCKINGHAM



Steven Page

Album: Page One

Label: Universal ●●●

Steven Page's solo pop debut will inevitably be compared to All in Good Time, the Barenaked Ladies first CD without him. Neither CD has produced memorable works, proving that the sum is greater than its individual parts. The BNL CD suffered from not enough Page and Page One suffers from too much. Page One is filled with catchy light pop. Luckily, Page



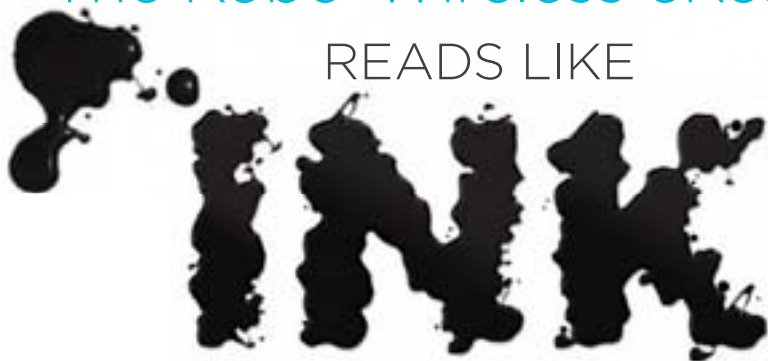
manages to keep his sense of humour on tracks like Entourage and All the Young Monogomists.

Outstanding track: Indecision

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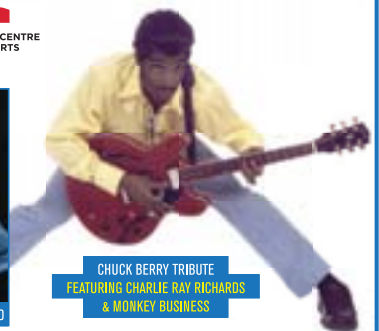
- 9:35-9:50am Chuck Berry Tribute
- 10:20-10:35am Patricia O'Callaghan - Songs of Leonard Cohen
- 11:05-11:10am Stretch Break with *Toronto Rehab*
- 11:10-11:25am Chuck Jackson of Downchild with the All Stars
- 11:55-12:10pm Michael Burgess
- 12:40-12:45pm Stretch Break with *Toronto Rehab*
- 12:45-1:00pm Elton John Tribute - *Ronnie & the Jets*
- 1:30-1:40pm Zoomer Fashion Show
- 2:10-2:15pm Stretch Break with *Toronto Rehab*
- 2:15-2:30pm Pink Floyd Tribute - *Floydfactor*
- 3:00-3:15pm Disco Inferno Tribute
- 3:45-3:50pm Stretch Break with *Toronto Rehab*
- 3:50-4:05pm Toronto All-Star Big Band
- 4:20-4:35pm Elvis Tribute



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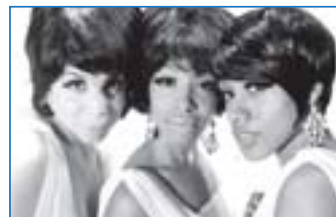
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- 11:55-12:10pm Michael Burgess
- 12:40-12:45pm Stretch Break with *Toronto Rehab*
- 12:45-1:00pm Liona Boyd with special guest Srdjan Givoje
- 1:30-1:40pm Zoomer Fashion Show
- 2:10-2:15pm Stretch Break with *Toronto Rehab*
- 2:15-2:30pm Supremes Tribute
- 3:00-3:25pm Eagles/Queen Tribute with *Michael Shotton*
- 3:55-4:00pm Stretch Break with *Toronto Rehab*
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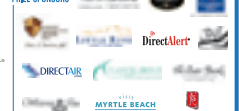
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Jersey take 4?

- ▶ Cast of Jersey Shore say they're game for a fourth season
- ▶ In the meantime, they're taking full advantage of their fame

Mix up another batch of Ron Ron Juice.

The tanned misfits of Jersey Shore are down for a potential fourth season of their popular MTV reality series, which documents their hard-partying, slap-tastic lifestyle while living under one roof.

Paul "Pauly D" Del Vecchio and his castmates said last month that they haven't signed up for another installment but would be juiced for more T-Shirt Time.

"There's been talk about doing another season," said Del Vecchio. "If it happens, I'd love to do it."

Del Vecchio's dream edition? Transplanting the mostly Italian-

American cast to Italy. Jenni "J-Woww" Farley, Sammi "Sweetheart" Gancola and Ronnie Ortiz-Magro, the hulk known for concocting his blend of alcoholic juice, share the sentiment, though Ron Ron warned he's "only got two more left in me, and then I'll go do Dancing with the Stars."

Before the cast could return to The Motherland or the ballroom, their Miami-set sophomore

edition, which has continued to dominate in the ratings, will end today with an episode featuring the gang road-tripping to Florida's Everglades for an encounter with, as

Nicole "Snooki" Polizzi calls them, "crocodillies." Then, they'll be reunited on an Oct. 28 episode.

Polizzi and Del Vecchio are rumoured to be filming their own MTV spin-offs, but the network declined to confirm any new commitments to programming related to Jersey Shore.

The cast's much-ballyhooed return to the boardwalk last July in Seaside Heights, N.J., will



▶ Paul "Pauly D" Del Vecchio would love a Jersey Shore season four set in Italy

set the stage for the upcoming third season, likely to begin airing early next year.

"It's the same deal," said Vinny Guadagnino. "It's the Jersey Shore you know and love. We never fail to entertain. We have a new roommate, and we stay true to who we are. Seaside Heights is not a complicated place. There's like three bars, three clubs and that's what you see, and that's what we keep doing. It gets funnier and funnier by the second."

Angelina Pivarnick, the feisty outsider who battled throughout the second season with the other self-proclaimed "guidos" and "guidettes," was replaced for the third edition by Deena Nicole Cortese, the "partner in crime" of Snooki, who re-

"My job is to have a good time. It's not to be reserved. It's to go out and have a good time, go clubbing, go to the beach, cause a lot of drama. That's what America loves, obviously."

RONNIE ORTIZ-MAGRO,
JERSEY SHORE

Milking it

The cast of Jersey Shore have been working hard to extend their 15 minutes of just-add bronzer fame.

- ▶ Mike "The Situation" Sorrentino tangoed on and off Dancing with the Stars
- ▶ Jenni "J-Woww" Farley brawled on an episode of TNA Wrestling's iMPACT!
- ▶ Paul "Pauly D" Del Vecchio and Nicole "Snooki" Polizzi are rumoured to be filming their own MTV spin-offs
- ▶ Ronnie Ortiz-Magro is currently appearing in Just Dance 2 commercials

cently completed community service stemming from her arrest for being drunk and disorderly on the beach in July.

Since the cast of "Jersey Shore" last partied together at the MTV Video Music Awards, the foul-mouthed twenty- and thirtysomethings have been working hard to extend their 15 minutes of just-add-bronzer fame.

"This gave us the chance to get our foot in the door, and I think we're all doing pretty good. We kicked the door wide open, and now we're just doing whatever we want at this point."

THE ASSOCIATED PRESS



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TV picks

Cruikshank leaves MTV

MTV gives a big sendoff to one of its most beloved hosts, fiery redhead Jessi Cruikshank, in a one-hour special tonight.

Jessi Cruikshank: MTV Life looks back at the Vancouver native's most memorable moments of her time as co-host of The After Show with Dan Levy. Cruikshank left MTV in August to pursue a yet-to-

be announced career opportunity in Los Angeles.

Airing before the special is the season finale of Jersey Shore. (MTV)
THE CANADIAN PRESS

Ice creams and office rivalries

On 30 Rock, Jenna and Kenneth ask Kelsey Grammer for help with an ice-cream scam (Citytv, NBC).

The Office also has a guest star — Timothy Olyphant, who plays a rival sales associate to Michael, Dwight and Jim. (NBC, Global)
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SmartCentres Aurora
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44 Cedar Point Dr.
632 Yonge St.
Barrie Power Centre
Georgian Mall
BOLTON
SmartCentres Bolton
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Clarington Place
BRAMPTON
59 First Gulf Blvd.
100 Great Lakes Dr.
10086 Hurontario St.
Bramalea City Centre
Shopper's World
BURLINGTON
1100 Walker's Line
Appleby Crossing
Burlington Mall
Mapleview Mall
CAMBRIDGE
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ETOBICOKE
Cloverdale Mall
Sherway Gardens
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229 Kent St.
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THURSDAY, OCTOBER 21, 2010

Brody files suit

► Pianist star seeking \$2 million
from makers of thriller film, *Giallo*
► Request to halt release denied



► Adrien Brody

Adrien Brody has sued the makers of a thriller film for more than \$2 million US, claiming he hasn't been fully paid for the project and the movie is being released in the United States without his permission.

The Academy Award-winning actor sued the makers of *Giallo* in federal court in Los Angeles on Thursday, but an emergency petition to stop the film's DVD release was denied.

Sales of the thriller set in Turin, Italy, began Tuesday, although an attorney for the filmmakers said the movie has been available for rent since early September. *Giallo* was shot in 2008.

A judge ruled Brody can still seek an injunction

against the film's sale, but must first notify the filmmakers.

Brody claims he is still owed \$640,000 for starring in the film and that its release is likely to cost him at least \$2 million in damages.

In a lawsuit and a sworn declaration, the actor said the film's producers lied to him about financing and vastly overstated how much the movie's Italian distribution rights were worth.

The filings said Brody's contract allows him to withhold his likeness from the film until he is paid, but the filmmakers have ignored Brody's demands.

"We respectfully dispute his allegations," said A. Raymond Hamrick III,

an attorney for defendants Hannibal Pictures and U.K.-based Giallo Productions Ltd.

Hamrick said the filmmakers have been trying to work out a deal with Brody for several months, but the allegations in his lawsuit are not consistent with his contract.

Martin Barab, who is also representing the film companies, said Brody had been paid nearly \$1 million for his role.

"Hannibal and Giallo have acted with the utmost integrity," Hamrick said.

The lawsuit was first reported by The Hollywood Reporter.

Brody, 37, won an Oscar in 2003 for his role in the film *The Pianist*.

THE ASSOCIATED PRESS

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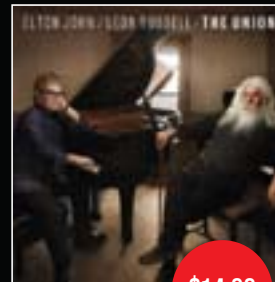


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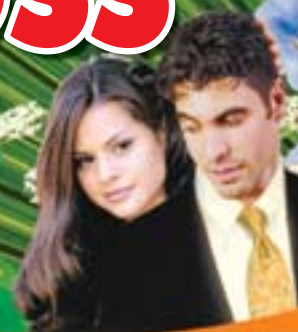
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Marooned with Mutt

► Maroon 5 records third album with veteran producer Mutt Lange ► Levine says it was the best recording process they've had in their lives

Two pictures were on the walls of the Switzerland studio where Maroon 5 recorded their latest album. One was of Marvin Gaye and the other of Tupac Shakur.

Frontman Adam Levine knows the resulting CD, *Hands All Over*, will never be mistaken for a Tupac record or music by Gaye. But both men still provided plenty of musical inspi-

ration for the album.

"Those were two people that did whatever they wanted to do and artistically followed whatever path they wanted to follow," he said.

His five-member band expresses a similar freedom on *Hands All Over*, their third album, released last month. The L.A.-based rockers recorded the CD — which mixes pop, rock, R&B and country sounds — with veteran producer Robert John "Mutt" Lange. The Associated Press spoke with Levine.

Talk about the songwriting behind the album.

Levine: If I was upset about something I would turn it into a love song. It would always be a love song that was the model for how I was feeling. So it was just feelings, things I was going through.

Is there ever a subject you don't want to write about?

Levine: It's never really been a business thing for me. It's hard. ... I heard some famous story about somebody who'd go in every day and just write something to write something, and I'd love to get to that point in my career, in my life — just that kind of prolific songwriting.

But I just don't. It has to be something that I'm going through. If it's not

then it's hard for me to write down. So yeah, there's times when I really don't want to write a song.

Who would you like to write a song for?

Levine: I don't know if I want to write a song for anybody. I think it has to start off for me, and then if it makes sense for another singer or artist or whatever, that would be cool. I don't really ever have a desire to write a song for somebody.

Why is the record called *Hands All Over*?

Levine: Album titles are funny. *Hands All Over* is kind of evocative ... It's mysterious and kind of sexual and I'm not sure what it means, but it sounds really good so we wanted to use that as our album's name.

In the video for your first single, *Misery*, you're attacked by your ex. Had you ever done anything to deserve a similar beating?

Levine: I don't know if I've ever done anything that deserves a beating like that. Being set on fire and thrown off buildings and hit by cars is pretty brutal. I mean, everyone's done wrong. I've done wrong, you know. It's part of life. It's kind of how you deal with those mistakes."

THE ASSOCIATED PRESS

"I could try and seduce him."

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Matt & Rihanna aren't tying the knot soon

► Superstar couple are happy together, but not looking to take that next step at the moment ► Singer says she is only 22 and not ready for marriage

Rihanna is definitely happy with baseball player boyfriend Matt Kemp, but that doesn't mean she's planning a trip down the aisle anytime soon.

"I'm only 22!" she tells OK! Magazine. "I've heard the word marriage 400 times in the past few days, but no I'm not ready

"I've heard the word marriage 400 times in the past few days, but no I'm not ready for that yet."

RIHANNA

for that yet."

The lack of wedding

plans isn't due to fear, though, she insists.

"If I was scared to do something wrong I wouldn't be where I am today," she says.

"To remember that every day I got a tattoo of the sentence 'Never a failure always a lesson' mirror-inverted under my

collar-

bone.

Now I can read that sentence every day in the mirror." ● METRO



► Singer Rihanna and baseball player Matt Kemp aren't heading down the aisle anytime soon.



► Joe Simpson, right, manages his daughter's career.

Will Jessica fire her dad?

Jessica Simpson loves her dad, Joe Simpson, but she may be looking to let him go as her manager, according to Popeater.

"Jess is really talented, it's clear that what's holding her career back is her father," a source says. "Joe is impossible to work with and makes terrible decisions that poor Jessica has to put up with. Now, both music and movie people are telling her she needs to

let him go."

But whether it's because of the family connection or Jessica's gentle nature, she reportedly can't bring herself to do the deed.

"Jess knows how much Joe loves being a manager," the source says. "His entire identity is about being her manager, plus he has made a lot of money from her at the same time."

● METRO

Celebrity tweets

Conan O'Brien
[@ConanOBrien] The worst part of riding in a blimp: No bathrooms. The best part: Windows that open.

Nick Cannon
[@NickCannon] A role is something you play. Life is real. So no, I'm not a role model I'm a REAL model!

Heidi Montag
[@heidimontag] Today I am going to get into college football

Juliette Lewis
[@JulietteLewis] Welcome to Awesome town!
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● METRO

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Chris Marvin, Environment Canada
Paul Helm, Ontario Ministry of the Environment

Contaminants in Great Lakes Herring Gulls: Are they going up or down?
Where are the hotspots? How do birds from Tommy Thompson Park compare?
Chip Weseloh, Environment Canada

Where are the chemicals coming from?
Miriam Diamond, University of Toronto

Toronto's ChemTRAC Program: Reducing contaminants through community right-to-know.
Rich White, Toronto Public Health

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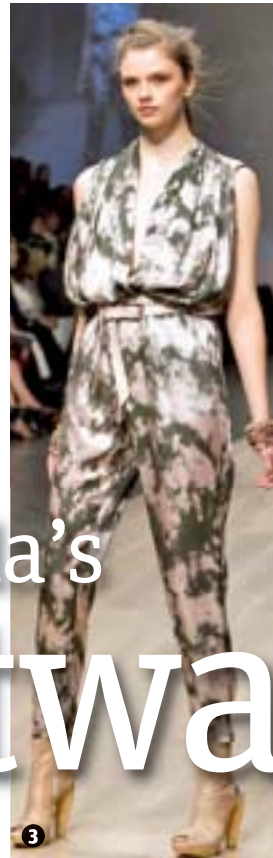
Cougar boots



Cougar, the Canadian shoe company whose winter boots have been worn by countless Canucks, is back — with a new and fashionable twist. The winter boot, which has kept Canadian feet warm since 1948, has a new line. The Cougar collection features everything from classic, riding inspired rubber rain boots to a faux-fur trimmed lace-up puffer boot. Visit cougarshoes.com to see the complete collection and for information on retailers. **METRO**



Girl power: Flirty, feminine, romantic looks rule runway during LG Fashion Week



From Canada's Catwalk

From Blue Lagoon to a '70s vibe, intricate knitwear to flirty and feminine, Toronto's LG Fashion Week unveils a runway mix

1 PINK TARTAN

Pink Tartan put a groovy spin on its classic glamorous looks in a new spring-summer collection channelling retro-era sophistication and a '70s vibe.

The latest offerings from designer Kimberley Newport-Mimran evoked a laid-back glam, notably in the form of lush, fluid dresses. Caftan-style, one-shoulder striped creations fastened with a gold buckle rippled effortlessly as models walked down the runway, as did a succession of pocketed, free-flowing numbers, mostly halter-style, with plunging

necklines.

Wardrobe separates appeared comfortable and easy to wear. Floor-skimming, cigarette-slim flared pants reminiscent of bell-bottoms and strapless jumpsuits lent a contemporary touch to classic looks of the disco era, as did wide lapels framing slinky blouses and jackets.

2 ANGELA CHEN

With images of crashing waves projected onto a big screen, Angela Chen captured the dreaminess of the sand and surf with her island-inspired collection. Inspired by The Blue Lagoon and its then up-and-coming star, Brooke Shields, the designer revealed a series of ethereal, romantic separates under her retitled Or label.

There was playfulness

and delicacy in the collection, which featured mostly free-form, fluid pieces amid more body-hugging creations. Slender-cut keyhole-cutout tanks, pencil skirts and cigarette-slim pants with draped pockets transitioned effortlessly to more loose-fitting designs. Slinky shortall spaghetti-strap jumpsuits and strapless sweetheart or floor-skimming pocketed maxi dresses were among the looks.

3 LINE

Design duo John Muscat and Jennifer Wells served up a sensual showcase of knitwear and slinky separates from their label Line

Rather than the cozy cardigans and chunky vests often associated with knitted creations, Line's body-hugging tops are laden with sex appeal and typically contrasted with looser-fitting bottoms. The collection has a mostly neutral colour palette with infusions of burnt orange, dusty rose, peach, pale pink and olive hues.

4 LOVAS

For ladies looking for the go-to new number to take them on the cocktail circuit or to a more casual

shindig, flirty, feminine party frocks were in full force in the latest looks featured by Lovas.

The spring/summer collection from designer Wesley Badanjak boasted a wide range of stylish frocks steeped in rich hues, including fuchsia and lemon yellow alongside charcoal and silver.

Whether it was a strapless or spaghetti-style number, tiered mini or a one-shouldered, asymmetrical jersey creation, the collection offered a wide breadth of mostly body-conscious dresses.

Frocks with ruffled collars and gingham-patterned designs offered a playful contrast to more sophisticated offerings, like shimmering silver sequined creations accented by a sheer chiffon sash.

THE CANADIAN PRESS

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Beyoncé to release second fragrance

Could someone please get Beyoncé some ice? The woman is always hot. Following the success of her first perfume Heat, the singer is planning to release a second fragrance, Heat Rush, worldwide in May according to Women's Wear Daily. A representative from Coty Beauty, the company behind the perfumes, says that Heat Rush is meant to be the daytime counterpart to Heat's sexier nighttime potion.

● METRO

McQ returns to Alexander McQueen

One week after new creative director Sarah Burton showed a winning spring/summer '11 collection for Alexander McQueen, the company announced that it is to gain control of the McQ label. The hand-over follows the expiration of Italian owners SINV SpA's five-year licence agreement. Despite the change of ownership, Pina Ferlisi is to remain as creative director of the rebellious McQ label.

● METRO/RICHARD PECKETT

► The season's omnipresent jacket is more versatile than you think.
► Style it with traditional preppy classics or give it an unexpected Lolita twist the way these fashionable women did here.

KENYA HUNT, GLOBAL FASHION DIRECTOR

This year's autumn blazer, styled two different ways



► Sharleen Naquet

PHOTO BY TAMU MCPHERSON



1

1 NW3 BY HOBBS WHITESTONE POND JACKET

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2 WOLSEY FAIR ISLE SWEATER

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3 JIL SANDER LACELESS BROGUES

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4 J.W. HULME CO.

\$250, jwhulmecoco.com



3



2



3

1 ZARA BLAZER

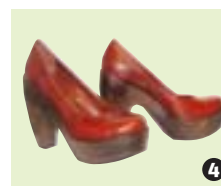
\$127, zara.com

2 TOPSHOP BLOUSE

\$70, topshop.com

3 KOOKAI TIE-WAIST SHORTS

\$76, asos.com



4

4 URBAN OUTFITTERS LEATHER PLATFORMS

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1



2



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PHOTO BY TAMU MCPHERSON

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Boots for all kinds

- Designers have churned out a style of boot for every kind of personal look this season.
► From rugged to refined, here's a look at some of the best t this autumn and winter.

RICHARD PECKETT
STYLE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Boots of all types are popular right now. It doesn't matter the style: hiking, brogue, military-inspired, you name it. The most important thing is to show them off. Cuff your jeans or tuck them into the boots. Just beware of that contrived, laces artfully undone boy band look.



1



2

1 TOPMAN

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2 STEVE MADDEN

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3 DR. MARTENS

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4 TRICKERS

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my-wardrobe.com

5 DUNHILL HIKING BOOTS

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dunhill.com

6 BURBERRY

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burbery.com



3



4



5



6

The men's ankle boot in action

Rugged jeans and a flannel shirt are the more obvious and safe match-ups for a pair of boots. Raise your style game by wearing the footwear with a tailored suit instead. Just pay extra attention to the trousers. They should be cropped just enough to show off the shoe, the way this fashion savvy gent we spotted on the street wears them below. **METRO**



PHOTO BY TAMU MCPHERSON

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Daring to dream

► Fashion fundraiser to help Africa

JANINE FALCON
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The key to effective donation to a cause is doing it via something you love.

Such is the case with the Dare to Wear Love fashion show fundraiser slated to close LG Fashion Week at Heritage Court, Exhibition Place this Friday night.

Featuring one-of-a-kind creations from 25 top Canadian designers, and celebrity models such as singer Keshia Chante and BT co-host Dina Pugliese, the event benefits The

Stephen Lewis Foundation (SLF).

Through grassroots programs in Africa, SLF supports millions of people, especially women and children, living with the effects of HIV and AIDS.

"We were looking for a way to give back," says Jim Searle of Hoax Couture, who with partner Chris Tyrell and a total network of about 100 volunteers produces the event, now in its second year. "We thought Africa was a place we'd like help."

A chance meet last year with Ilana Landsberg-Lewis, Executive Director of the Stephen Lewis foundation, solidi-



► Designers Jim Searle (left) and Chris Tyrell bookend models Sierra Nallo (tall) and Makara Adkins, who are wearing two of the dresses they designed

fied the idea, and a chat with Robin Kay, President of the Fashion Design Council of Canada, quickly took the concept from a small club show to Fashion Week's closing night slot in 2009.

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RICK MADONIX/TORSTAR NEWS SERVICE

"We raised about \$40,000," says Searle, still in awe of how serendipitously everything came together. For Linda Lundström, Dare to Wear Love is a chance to contribute to a cause about which she is also passionate, as well as an opportunity to flex her creative muscles.



SUBMITTED

► Part of the funds will help support children in Africa living with HIV.

Like the other participating designers — this year includes Brian Bailey, Evan Biddell, Comrags and David Dixon — she started from a supplied length of fabric Searle and Tyrell sourced on a trip to Africa.

"African fabric is really different from what our eye is used to seeing — the colour combinations, the patterns — it's an expression of a different esthetic," notes Lundström, who sewed her pieces herself.

"It begs to have something that expresses that uniqueness made from it."

Lundström's husband inadvertently contributed to her design: instead of cinnamon powder she'd requested for a recipe, he brought home cinnamon sticks.

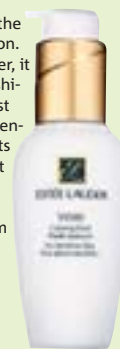
Inspired by their shape and texture, the designer turned them into trim for the two pieces she crafted for the show.

Last year's designer creations are now up for auction at dare-towearlove.com; that's where you can get a ticket to Friday's show.

Beauty pick

Estée Lauder Vérité Calming Fluid

October's transitional weather can open a Pandora's Box of problems for sensitive skin (dry patches, oily spots, breakouts, rosacea, the list goes on). This gentle, yet highly effective formula works to soothe irritated skin, reduce redness and even out the complexion. Even better, it acts as a shield against environmental irritants to prevent future trouble spots from popping up.



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Brian Muirhead, representing Munro American, will be appearing at the **Harry Young Midtown Store Friday, October 22** and at the **Harry Young Downtown Store Saturday, October 23** and will be glad to assist you with your selections and answer your questions regarding Munro American footwear.

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Banking can be this comfortable

► Designer went for a gentle, contemporary style that feels unhurried



► Some shots of the Republic's second model suite at Yonge and Eglinton.



New Republic is fun, fancy

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SUITE TALK

RAFAEL BRUSILOV
HOME@METRONEWS.CA

With a space that focuses on visual impact, The Republic's second model suite embraces a contemporary look that feels both fun and fancy.

Avoiding nostalgic influences completely, designer Eva Beekman went for a gentle, more inviting contemporary style that feels unhurried.

Meet the condo

- **WHAT** The Republic
- **BUILDER** Tridel
- **LOCATION** Yonge & Eglinton

"There's nothing in the suite that's retro — this is contemporary with more of a relaxed look. I find modern designs to be more hard-line and I wanted to soften that," Beekman said.

Rather than go bonkers

- **WEBSITE** tridel.com/republic
- **PHONE** 416-480-0700
- **SIZES & PRICING** 1,057 – 3,286 sq.ft. units from \$525,000 to \$2,900,000

with colour, Beekman created visual interest in the 1,863 square-foot model suite with a tasteful application of small, subtle accents.

"We let colour come through in the suite but in different areas that you nor-

mally would — we don't have a red sofa, we added colour in doses. It's never a controlled use of colour," Beekman said.

Details like red plates, a yellow comforter and green silk plants add a nice splash of energy into the space and overall Beekman went for a sharply contrasted look between dark and light.

The kitchen shows off the effect with dark cappuccino cabinetry juxtaposed against the latte-toned quartz countertop while the living area features dark blinds and hardwood flooring matched with light-toned furniture.

"What we were looking for was visual impact so we contrasted the richness of the wood with lighter tones. Contrasts help the

space to be visually stimulating and we've also sprinkled a lot of unique pieces throughout the space that catch your eye," Beekman said.

While the main areas of the suite feel bright and airy, the master bedroom goes a step further into warmth and comfort with softer, varied textures and warmer contrasts.

"In the bedroom we were looking again for visual stimulation but quieter, this time it's much deeper and more restful looking. Master bedrooms have become kind of an oasis so I wanted to create a space that I find very restful," Beekman said.

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► A dining area becomes an attractive meeting area in the home.



► Think attractive elements like the CITY push-pins from Ballard.

Strike work-home balance

► Your home office should be both efficient and attractive

DECOR MOMENT

KARL LOHNES
HOME@METRONEWS.CA



Whether it's a dedicated room to run a full-time business or simply a small desk in the corner of a bedroom to pay bills; almost everyone has some form of work space within their home these days. What's important is that the space works efficiently for your work needs and that it blends with your home's decor. Here's a few tips and ideas that will help you set up a work space that efficient, yet attractive:

Space needed: If you are a writer or computer gaming wizard then perhaps a com-

fortable chair and a laptop located in an airy space will work best. If you are a life coach then a separate bedroom-turned-office may fit the bill.

Its all in the timing: If you do your best work late at night, then keep a home office set up away from your bedroom and living room where you might be tempted to work in your bed or curled up on the sofa with the television on. The dining room, stairwell landing or attic are great areas that

are removed from the comfort areas and will help to keep you focused.

Storage: Will a two-drawer file cabinet help to keep your paper trail at bay or do you need shelving and cabinets for art supplies and samples? Consider using everyday home items to help keep

your supplies hidden away; an ottoman or bench seat with storage or the bottom storage of a china cabinet are great hiding spots. I once slip-covered a filing cabinet with beautiful fabric and added a glass top; it acted as an elegant night table in my bedroom and nobody ever knew.

distracted or uncomfortable.

home visit

Do you invite clients into your home?

- **Keep an attractive, clutter entrance;** a mat for boots, a holder for umbrellas, a decorative hook for coats and an area for brief cases and bags will suffice.

- **Consider using your dining room table as a conference table.**

- **Don't invite work clients into your kitchen, family room or bedrooms;** they are not conducive to a professional environment and clients can become

- **Consider using the party room or meeting facility in your condo or apartment building.** They are often unused and will create a less cluttered, less personal environment to entertain clients.



► A free-standing office armoire keeps equipment and supplies neat and tidy.



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HIGH-RISE CONDO MARKET THE MOST ACTIVE IN NORTH AMERICA

The RealNet Canada Inc. sales stats for the GTA housing market in September reveal the solid state of the GTA high-rise housing market and confirm some interesting trends as well.

While high-rise unit sales were off a modest 16 per cent from last September's torrid pace, there were still 1,658 units sold, which is a great month by

any standard. More significantly, total high-rise unit sales through the first three quarters of 2010 are up a whopping 59 per cent. With nearly 14,000 high-rise condo suites sold so far this year, the high-rise condo market in the GTA is living up to its status as the most active market in North America.

As for the trends, high-rise sales represented 61 per cent of the overall GTA new housing market in September, well above

the new normal 50/50 split. Put differently, sales of low-rise (single-detached, semi-detached, town-home) product accounted for under 40 per cent of the market in September. Through the first nine months of the year, the market has split 53 per cent high-rise, 47 per cent low-rise.

What's even more interesting is that 29 per cent of all the high-rise sales in September happened outside the City

of Toronto, primarily in York and Peel Regions, namely Mississauga and Markham. Normally, the 416 area-code accounts for 80 per cent of high-rise sales with 20 per cent going to the regions.

But in July, nearly half (46 per cent) of high-rise sales were in the 905 Regions.

As municipalities finally achieve conformity with the Greater Golden Horseshoe Growth Plan, I fully expect the trend to



wards more and more high-rise development in the 905 to be the most sig-

nificant development in the GTA new housing market in the years to come.

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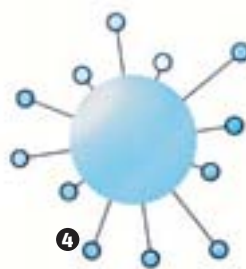
Making an entr



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2



4



3

HOMES IN STYLE

HEATHER BUCHAN
HOME@METRONETNEWS.CA

An entryway is the gateway to your home; the very first place your guests — you and your guests — see after walking through the front door. So don't make your



front foyer an afterthought. "First impressions are

important," says Cobi Ladner, leading Canadian lifestyle authority and creator of cobistyle.com, adding that it doesn't take much to create an inviting entryway that's big on style and practical too.

Because foyers are generally smaller spaces, decorating them is often more about the walls and lighting than furnishings, explains Ladner. "I en-

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1 CANADIAN TIRE \$19.99

One entryway-must is a durable doormat and this sophisticated Multy Home Grey Doormat (2x3') made from recycled rubber with nylon flock is a contemporary choice that will keep your floor clean and dry; canadiantire.ca.

2 URBAN BARN, \$120

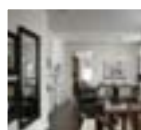
Hanging this Silver Circle Pendant Lamp made from laser-cut polypropylene in your entryway is a surefire way to make a dramatic, yet welcoming design statement; urbanbarn.com.

3 CRATE&BARREL \$79.95

This Rattan Floor Vase makes a striking sculptural umbrella holder when placed in an entryway; crateandbarrel.com



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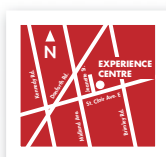
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courage people to be a bit playful with their entryways when it comes to the colour scheme," says Ladner. "It's a fun place to try something you may not want in a larger space."

For those who want to make a bold statement, but aren't sure how to in such a small space, Ladner recommends choosing dramatic overhead lighting. "Opt for some-

thing really different or oversized, like a big lantern, starburst or chandelier."

One item Ladner cautions against is a coat tree. "They often look good in the store, but when they're filled, they look messy," she says.

Cobi's Ladner's top five entryway must-haves:

1. A beautiful, durable doormat. "Something

guests aren't afraid to stand on in wet boots."

2. Adjustable lighting. "Put your overhead light on a dimmer and it will be the best investment you make to your entryway."

3. A mirror. "I know I need one before I dash

out the door."

4. An umbrella stand. "Practical and always looks great."

5. A personal touch. "Whether it's a painting, a wreath or a bowl, display something that shows who you are."

4 IKEA \$29.99

This Figgjo Mirror adds a fun and whimsical element, while providing you the opportunity to make sure you look your best before you leave your home; ikea.ca.

5 IKEA \$47.99

This floating Ekby Alex Shelf with Drawer is a contemporary option for small spaces and provides two drawers to store keys, mail and other personal items as well as a surface for displaying photos or a vase of fresh flowers; ikea.ca.

6 URBAN BARN, \$499

For those with larger foyers, placing this Balboa Console (51"W x 16"D x 30"H), made from exotic Acacia wood, along a foyer wall provides a beautiful place to store everyday items; urbanbarn.com.

7 CANADIAN TIRE \$29.99

For those lacking a front hall closet, this Walnut Pub Mirror (10" x 30") boasts five convenient brass hooks for hanging coats, scarves and other items; canadiantire.ca. ● METRO



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► One of the best ways to express your personality and add flair to your home is to incorporate a mix of patterns into the decor.

Mix and match

► Rich colour patterns add drama, comfort, warmth to your home

One of the best ways to express your personality and add flair to your home is to incorporate a mix of patterns into the decor. Whether you like florals, stripes, geometrics, animal prints, paisleys or textures — they too are patterns — a variety of them can make any room visually more interesting and comfortable to be in.

Choosing and mixing patterns, however, can be intimidating.

Perhaps the most important thing is not to be afraid to try, agree three designers asked for tips on choosing and combining patterns. Anything can be fixed, they say.

Colour

"One of the secrets to a successful pattern mixing," says New York designer John Chadwick, "is continuity in the colour palette. Having one shade in common and others that are similar is what ties them together."

A dining room he recently designed for a client has a large, meandering flower pattern on the walls and plaid curtains at the floor-to-ceiling windows. While completely different from each other, they work together because leafy green and red dominate both.

Chadwick completed the scheme with chair upholstery and a rug in a dusty gold that references the walls and curtains. Woven with a raised check effect, it adds texture, as well.

Designer Cindy Raby of Oklahoma City favours deep, richly coloured pat-

terns for dark rooms: "They add drama, warmth and comfort."

But she also likes the way light colours and textures give rooms a crisp, airy feeling.

"Dark or light can be right," she says.

Grounding And Balance

Also important when using patterns is "grounding" them with large swaths of solid colour, says Chadwick — "perhaps a rug, wall or sofa, so the eye has something to focus on."

Los Angeles-based designer Joe Nye tends toward sisal and seagrass floor coverings. "They unify things, and having a casual

quality

produce a pleasing juxtaposition with a lot of upholstered furniture," he says.

Sometimes he repeats patterns in two adjacent rooms for "a nice bit of harmony." And it's key, he says, to "distribute patterns evenly throughout a room so it doesn't appear lopsided."

How To Begin

Magazines are filled with ideas for composing decorative schemes, as is nature. Another path, says Nye, is to study the vignettes at retailers like Crate & Barrel and Pottery Barn and see how they do it.

He advises starting small with patterns — lamps, pillows and knick-knacks are good choices.



► This undated photo courtesy of Hymer Photography shows a room by designer Cindy Raby.

"Once your eye becomes accustomed to these," he says, "you can continue layering."

Artwork is another form of pattern. Not to worry if you've inherited a houseful of traditional furniture and you collect abstracts, Nye says. "Putting them together is contradictory

in a good way, and can look terrific," he says.

There's a lot of art in Nye's home, including the bathroom. Here he hung a large painting, striped the walls and added a small, decorative table, all of which share similar colours offset by white.

It's Worth The Effort

"You can turn even the most ordinary box of a room into a showpiece with colour and pattern," says Raby.

But she has found that people often are afraid to

experiment. To ease them into the process, she advises a visit to a good fabric store.

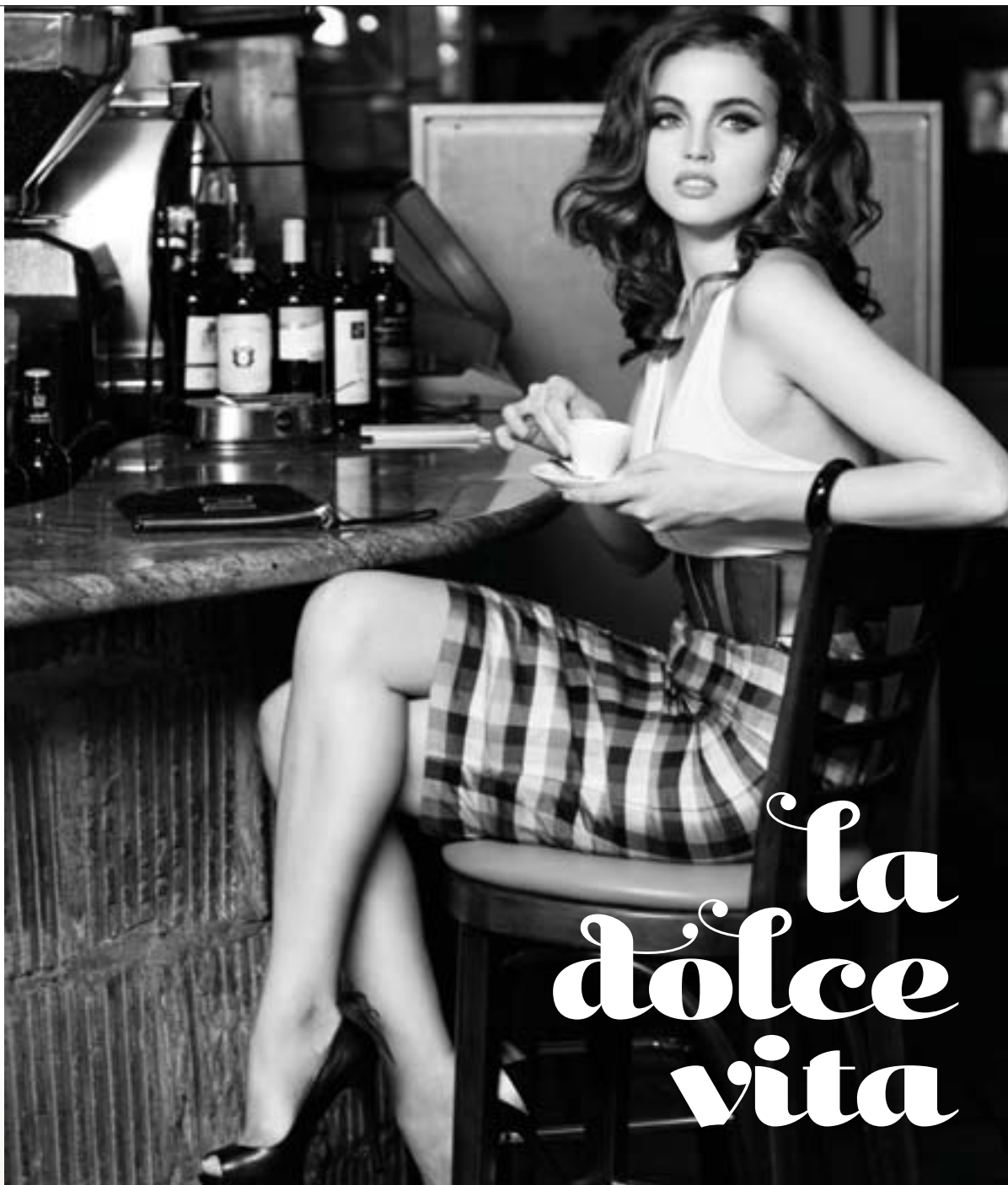
"Choose a variety of colours and patterns that you like best. It doesn't matter why," she says, "just so they appeal to you."

"Try to think out of the box. A touch of animal print, for example, can add excitement to a room," she says.

Then "take the swatches home, lay them on a table, mix them around, and eliminate until you have your favourites, usually three to five patterns in compatible shades," Raby says. Like Nye and Chadwick, she thinks odd numbers produce more interesting results than even ones do.

And finally? "Choose one with a large scale — that is, the biggest pattern; a second that's medium-sized; and a third, the smallest. If they're all the same size the room will look too busy and overwhelming," Raby says.

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A map of the Downtown area. The map shows a grid of streets. The streets shown are JARVIS ST., GEORGE ST., FREDERICK ST., RICHMOND ST. E., ADELAIDE ST. E., KING ST. E., FRONT ST. E., GARDINER EXPY., and SHERBOURNE ST. A red square is located at the intersection of FREDERICK ST. and ADELAIDE ST. E., labeled 'SITE'. A red square is located at the intersection of FREDERICK ST. and KING ST. E., labeled 'SALES CENTRE'. A north arrow is located between GEORGE ST. and FREDERICK ST. The word 'DOWNTOWN' is written in large letters at the top of the map.



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► Interior designer Martyn Lawrence-Bullard poses inside the Architectural Digest Green Room that he designed for the 61st Primetime Emmy Awards in Los Angeles.

Live out your fantasy at home

► Celebrity designer Martyn Lawrence-Bullard says homes should be places you dream about living in

The first time Cheryl Tieg and Martyn Lawrence-Bullard met, they sat on folding chairs inside the fixer-upper she'd just bought. It came with sticky aluminum doors, small louvered windows and worries that she might have to raze it.

That was 14 years ago. They gutted the house, raised the roof and, in 14 months, turned a five-bedroom teardown into a fantasy home — “a beautiful Balinese paradise with British Colonial touches,” said Tiegs. 63.

The model's home was one of Lawrence-Bullard's first jobs as an interior designer and still ranks as one of his favourites. At 43, he travels the globe to work and shop, and to this day keeps Tiegs' tropical tastes in mind.

Lawrence-Bullard talks about friends instead of clients. He has spent the last three Christmases with Cher, toasted every New

celeb clients

► Besides Cher, John, Tieg and Pompeo, Lawrence-Bullard's client list includes Eva Mendes, Kid Rock, Ozzie and Sharon Osbourne and Keenen Ivory Wayans. The decorator's present workload includes projects in six countries.

Year since 2005 with Elton John and vacationed in Paris with Ellen Pompeo. "I love to travel with clients because we get inspired together," he said.

And they reciprocate. Tiegs threw Lawrence-Bullard's 40th birthday party.

On Oct. 18, Lawrence Bullard receives the Andrew Martin Interior Designer of the Year award, an Oscar-scale honour for a decorator. In January, Architectural Digest magazine listed him as one of the world's top 100 designers.

People want to live out their fantasies, he said. "I am an enabler. What makes my job exciting is that I can help people live out their fantasies."

At her Malibu home, Cher wanted Oriental and Orientalist. For her Los Angeles duplex, she wanted an Indian fantasy: a maharani palace with a slight harem feel to it, Lawrence-Bullard said.

"Cher has fantastic tastes and ideas. Her interiors are almost like stage sets and become a further extension of her personality. Her extraordinary dress sense in everyday life is very rock 'n' roll sexy, she loves that leather and lace vibe," he said. On stage, he added, she incorporates all her fantasies, "from the gypsy look to the American Indian to her sleek '70s Halston-y vibe."

"I said no to gold-leafing the interior of somebody's garage once. I found that to be somewhat vulgar and not something I wanted my name attached to."

MARTYN LAWRENCE-BULLARD ON TURNING DOWN A JOB

Fantasy ideas accumulate over a lifetime, but some decorating decisions come quickly, Tiegs said.

She and Lawrence Bullard were up in the attic when they decided it would take \$2,500 and one day to scoop out all the ceilings at the fixer-upper in the tony Bel Air section of Los Angeles. Now, the Great Room — “that’s capital G and capital R” — with its 11-metre ceilings is home to a picnic table from Bali that can seat two or 24, a pool table, a cosy spot by the fireplace to sit and read, television space and room to exercise.

"I was afraid it would become like a gymnasium. But when I walked in I burst into tears I was so happy. It was so beautiful. It was so warm and so inviting," Tiegs said.

She said she can see first-time visitors take a deep breath. "It has the calmest, sweetest, most serene vibe of any house I've been in," she said.

THE ASSOCIATED PRESS



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SUITES GO FAST AT ELEVEN SUPERIOR VIP LAUNCH, ESTABLISHING MIMICO AS TORONTO'S NEXT HOT SPOT

Fuelling the buzz surrounding a new development in the heart of Mimico-by-the-Lake, one of Toronto's historic waterfront neighbourhoods, was the ELEVEN SUPERIOR VIP launch that recently took place at the newly opened sales centre.

With over 15% of the units sold in the first four hours, ELEVEN SUPERIOR by Davies Smith Developments is poised to establish the area as Toronto's next hot spot. Located on the prominent corner of Superior Avenue and Lake Shore Blvd., West, in the heart of Mimico's vibrant pedestrian friendly main street, ELEVEN SUPERIOR is breathing new life into the eclectic lakeside community.

"We are happy to see the revitalization of such a prominent corner and are looking forward to its contribution to the vibrant street life of Mimico-by-the-Lake," says David Pritchard, Mimico-by-the-Lake BIA board member and owner of Birds and Beans coffee shop, located just steps away from ELEVEN SUPERIOR and from the lake.

Featuring an elegant curved façade with a six-storey brick base, ELEVEN SUPERIOR is "a pioneering building," says Roland Rom Colthoff, principal architect of RAWdesign, responsible for the condo's contextual design. "There have been no big developments in

this area of the city for quite some time," Colthoff explains.

The mid-rise condominium will feature 140 suites and 3885 sq. ft. of storefront. Rising nine stories high with the top three storey's set back to allow for a generous wrap-around terrace and to preserve the intimate scale of the neighbourhood. ELEVEN SUPERIOR offers one bedroom to two bedroom plus den suites and two-storey townhomes ranging from 486 sq. ft. to 996 sq. ft., priced from the \$190,000s up to the \$400,000s.

ELEVEN SUPERIOR interiors feature a modern take on a nautical theme with high quality fixtures and modern comforts. The contemporary design is capped with a 2695 sq. ft. indoor rooftop amenity space including a fitness centre and social lounge.

The VIP Launch on October 13 was aptly called A Taste of Mimico, and featured local neighbourhood favourites such as French hors d'oeuvres from Café du Lac, locally roasted, fair trade and bird friendly coffee from Birds and Beans, and an ELEVEN SUPERIOR signature sour apple martini from Toronto favourite but locally based Chasers Juice. Each of the delicious offerings came from within a block of ELEVEN SUPERIOR, displaying the vitality and diversity of the surrounding Mimico village.



The mid-rise condominium will feature 140 suites and will rise nine stories high with the top three storey's set back to allow for a generous wrap-around terrace.

"It's a neighbourhood on its way up," says Graham Chalmers, partner at Davies Smith Developments, who recently helped to launch Mimico Square along with the City of Toronto and community partners. A Mimico revitalization plan is also in the works by the City that includes a new bike path along Mimico's waterfront and the extension of Superior Avenue with pedestrian friendly access running all the way down to the lake. With the addition of ELEVEN SUPERIOR on such a vital intersection in the community, Mimico-by-the-Lake is quickly becoming Toronto's new hot spot.

To register for ELEVEN SUPERIOR or to book an appointment for an exclusive sneak peek this weekend (October 23 & 24), please call 416 259 8882, email info@eleven superior.com, or visit www.eleven superior.com.

Fall home saf

► From the kitchen to the garage, now is the perfect time to conduct a household safety assessment

Fall is a perfect time to examine your home for fire and other hazards, and conducting a safety assessment will ensure you're taking all of the necessary precautions. From kitchen to garage — and even the backyard, The Home Depot Canada shares its home safety checklist to help keep Canadian families safe:

Set the alarm — Every level of the home should have a smoke detector and they should be placed as close to the bedrooms as possible. When installing a smoke detector, consider

one operated by a lithium battery, as these batteries last up to 10 years. Test your alarms once a year and replace the batteries when needed.

Prevent invisible threats

— Install a carbon monoxide detector on every floor and especially near bedrooms so you can be alerted if this gas is present. Look for the CSA 6.19-01 blue flame stamp to ensure they are certified to the latest technology. Like smoke detectors, carbon monoxide detectors need to be tested regularly. They should also be replaced every five to seven years.

Reduce yard hazards — More combustible trees such as pine and spruce should be kept at a distance from your home. By limiting evergreens and



► Fall is a good time to check your home

making sure these trees and shrubs are planted at least 10 metres from your home and 3-6 metres apart can prevent fire from spreading. Also keep woodpiles at a safe distance to reduce fuel for fires.

more details

► For more information on how to keep your home safe, visit homedepot.ca



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Safety checklist



ne for fire and other hazards.

Light it right – Examine all light fixtures and make sure the light bulbs meet the recommended wattage requirements for your lamps and lighting fixtures. The wattage should be indicated on the light

fixture or in the instruction manual.

Be emergency prepared – In case of small fires, a high-rated fire extinguisher is essential for every 600 feet of space in your



► A fire extinguisher is essential for every 600 feet of space in your home.

home. There are three basic classes of fire extinguishers (A, B and C) that are effective at protecting against different types of fires, as well as multi-purpose extinguishers to protect against all three. Know how to operate and maintain your fire extinguishers and install them within reach and in an upright position.

NEWS CANADA

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Check furnace before heating season

The old adage "if it isn't broken, don't fix it" does not apply when it comes to your household heating system. Like a car, your furnace is a running machine that needs regular tune-ups to ensure its efficiency and longevity.

A clean, well-adjusted heating system will save

you money on fuel and will prolong furnace life. The cost of annual servicing is modest, especially when compared with the price of a new furnace.

There is some maintenance that homeowners can undertake themselves, such as the cleaning and replacing of filters. To ensure

safe and efficient operation of a heating system, however, homeowners should have their furnace inspected and cleaned annually by a qualified service technician.

Homeowners searching for a qualified heating contractor in their area can access a user-friendly website,

hrai.ca or call toll-free at 1-877-467-HRAI.

The website lists contractor members of the Heating, Refrigeration and Air Conditioning Institute of Canada (HRAI), a national trade association. Inspections performed by a licensed technician should include the following:

- A safety test for carbon monoxide (CO)
- Checking for hazardous debris in the chimney and flue
- Cleaning of air filters and re-installing
- Checking operation of thermostat and safety controls
- Checking gas pilot safety

system and cleaning as required

- Cleaning the motor and fan
- Checking the blower operation
- Checking condition, tension and alignment of fan belt, and performing required adjustments (on older systems). **NEWS CANADA**

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Legal Matters

JEFFREY COWAN
 HOME@METRONEWS.CA



BUYERS MUST CHECK STATUS OF CONDO CORPORATION

I am in the process of buying a condominium and my realtor has made the offer conditional on review of the status certificate by my lawyer. I want to make the offer as straightforward as possible and therefore increase the likelihood that it will be accepted by the vendor. Is this condition necessary?

I should begin by explaining what a status certificate is so you understand how it forms part of the transaction.

When you purchase a condo you are actually buying your unit in a building that is overall owned by a condominium corporation. Therefore, as a buyer, it is important that you obtain information about the status and running of the corporation over and above the status of the individual unit you are purchasing.

The status certificate covers a number of matters that could affect your decision to purchase including: whether the unit owner is in arrears with their monthly common expenses, if the reserve fund (the saving of the condo for major repairs) is adequate, if the condominium board is antici-

pating raising the monthly common expenses and if there are any outstanding judgments or lawsuits against the corporation. Obviously, all of these and a number of other items covered in the Status Certificate could affect your decision to purchase the unit. Most importantly, the information would not come to light in the normal course of your lawyers search of the property.

Also, if you are financing the transaction with a mortgage, your bank will insist that the status certificate is reviewed by your lawyer; who will also be representing the mortgaging bank in the transaction.

As most purchases are funded by a financial institution, the status certificate is an integral part of the transaction. Even if you are in the enviable position of paying cash for your real estate transaction, you should still make the offer conditional on review of the status certificate. Otherwise, you may miss some very important details concerning the condominium corporation you are buying into.



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At the Queen & Beaver, British food isn't boring

STEPHANIE DICKINSON/FOR METRO TORONTO



▶ Devilled Lamb's Kidneys & Dripping Toast

▶ **British pub fare has a bad rap** ▶
But this is comfort food at its best

LUNCH RUSH

STEPHANIE DICKINSON
FOOD@METRONews.CA

Most themed restaurants and pubs come off as hokey or trying too hard.

Not the Queen & Beaver Public House. An old house restored with charm is a comfortable hangout for those wanting to grab a pint, but not be subjected to foxes, fiddles and other F's.

And finally there's a pub where the food is as good as everything else.

Being half-British, I was excited by the menu: rabbit pie, bags of crisps, sardines and toasts. Toasts are just what they sound like — bread, toasted (or

broiled) with cheese or other toppings.

Devilled Lamb's Kidneys & Dripping Toast (\$10) is understandably not for everyone, but floured and dusted with cayenne pepper, it's British comfort food at its best. My companion has 3 Yr. Old Cheddar & Smokey Tomatoes (\$9), with salad and pickles, which soothes his soul.

If you thought British food was boring, think again.

▶ **The Queen & Beaver Public House**
35 Elm St.
647-347-2712
Hours of Operation: Mon - Fri 11:30 a.m. to 11 p.m., Sat 11 a.m. to 11 p.m., Sun 11 a.m. to 10 p.m.
Rating: ****
Price range: \$5 - \$22

Barley and Lentil Soup



Ingredients :

- 2 onions, chopped
- 1 garlic clove, minced
- 15 ml (1 tbsp) olive oil
- 2 ml (1/2 tsp) ginger
- 2 ml (1/2 tsp) paprika
- 2 ml (1/2 tsp) turmeric
- 1.125 l (4 1/2 cups) beef stock
- 1 can (796 ml/28 oz) tomatoes, chopped
- 175 ml (3/4 cup) pearl barley
- 1 can (540 ml/19 oz) lentils, drained
- 1 can (540 ml/19 oz) chickpeas, drained
- 50 ml (1/4 cup) chopped fresh basil or 15 ml (1 tbsp) dried
- salt and pepper, to taste

Barley and Lentil Soup Preparation:

This soup makes a warming lunchtime treat for brown baggers.

- 1 In a soup pot, saute onions and garlic in oil. Stir in ginger, paprika and turmeric and cook for 1 minute.
- 2 Stir in beef stock, tomatoes and barley; bring to a boil and simmer for 30 minutes.
- 3 Add remaining ingredients and simmer for about 15 minutes. Makes 6 servings.

THE CANADIAN PRESS

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Spook-tacular treats

Pumpkin Cupcakes Preparation:

These spicy morsels will be the hit of your Halloween party. To save time, use purchased frosting instead of homemade. You'll find everything you need to decorate, such as candies and sprinkles, at your local bulk food store.

- 1 In a large bowl, using an electric mixer, beat together butter and

sugar until fluffy. Beat in egg, pumpkin, milk and vanilla.

- 2 In a small bowl, whisk together flour, baking powder, cinnamon, baking soda, ginger, nutmeg, cloves and salt. Add to pumpkin mixture, beating until smooth.

- 3 Spoon into paper-lined or greased muffin cups, filling 3/4 full. Bake in a 180 C (350 F) oven for 25 to 30 minutes or until top feels firm. Cool completely on rack. Frost and decorate as desired. Makes 12 cupcakes. THE CANADIAN PRESS

Ingredients :

- 50 ml (1/4 cup) butter, softened
- 150 ml (2/3 cup) granulated sugar
- 1 egg
- 150 ml (2/3 cup) pumpkin puree
- 50 ml (1/4 cup) milk
- 5 ml (1 tsp) vanilla
- 300 ml (1 1/4 cups) all-purpose flour
- 5 ml (1 tsp) each baking powder and cinnamon
- 2 ml (1/2 tsp) each baking soda, ground ginger and nutmeg
- 1 ml (1/4 tsp) each ground cloves and salt
- frosting
- candies and sprinkles for decorating



▶ Pumpkin Cupcakes

- Chances are that the reds, golds and greens of October are beckoning you to grab your scarf and go exploring
 ► Let Metro help you fall into the season with this essential guide to all things autumn and adventurous

015 PHOTO CREDIT: XXXXXXXXXXXXXXXX



Get out and enjoy Fall's colours

**YVLA
VAN BUUREN**
LIFE@METRONEWS.CA

Fall is an amazing time to be out and about in eastern Ontario!

While the province is famous around the world for its autumn canvas of orange, yellow, gold and scarlet (and for fall's fading exit, check the Fall Colour Progression Report from Ontario Parks at parkreports.com/fall/),

don't let a lack of colour stop you either.

There are still lots of stunning vistas, places to visit as well as fun adventures whether you are taking a self-guided driving tour, stopping for lunch or shopping in quaint towns and villages, or enjoying the great outdoors beside a lake or on a hiking trail!

Algonquin Provincial Park is probably one of the province's most popular

destinations! Its vast interior is a picture postcard of maple and pine-clad hills, rocky ridges and interconnected water ways.

For a quick take, follow Highway 60 through the park (algonquinpark.on.ca).

The Haliburton Highlands are also nestled in the rugged landscape of the Canadian Shield.

By car, the scenery is glorious! On

foot, there are more than 160 kilometres of marked wilderness trails for all different levels. Visit trailand tours.com for more information.

The Ottawa Valley (stretching from Ottawa west to Algonquin Park) comprises lakes and beautiful woodlands

with lots of lovely towns and villages to visit along the way.

The historic Opeongo Line makes a wonderful fall drive as it climbs from the Ottawa River to the Madawaska Highlands.

Visit ottawavalley.travel

for great ideas.

Southern Ontario's largest forest, the Ganaraska Forest, comprises hundreds of kilometres of year-round trails for hiking, mountain biking, horseback riding — and plain old nature loving. Visit grca.on.ca or northumberland-tourism.com/outdoor for information.

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Finding heaven on Highway 7

► Hike, horseback ride and take in some local heritage all along Ontario's coolest stretch of concrete



ALEX NEWMAN
LIFE@METRONEWS.CA

Pat Mitchell remembers the day she headed east from Toronto with her sons for a country drive. Within half an hour, she discovered a beautiful conservation area, with trails and a lovely picnic area.

They had just set out lunch beside Duffins Creek when a Blue Heron suddenly flew out of the water.

"We'd never seen one before and it was awesome to see it in flight," Mitchell remembers.

Highway 7, between Ottawa and Toronto, provides lots of such offerings!

Close to Markham, for example, there's the quaint hamlet of Green River and the Seaton Trail, which meanders south beside West Duffins Creek.

The 12-kilometre trail doesn't take long to walk

and you'll be taking the same ancient hunting and fishing routes, which later became the site of pioneer gristmills.

The Pickering Museum Village offers the chance to see a complete village with pioneer general store, blacksmith, barn, church, bandstand, schoolhouse and homes.

Structures transported from sites around the GTA were fully restored and now host hands-on learning experiences. (Check out picnet.org/pmv/)

As you drive along Highway 7, take note of the rambling brick, frame and occasionally stone farmhouses dotting the countryside, mostly examples of mid-19th century Gothic Revival.

They can often be seen perched on the promontory of a rolling hill, protected by a stand of pine or maple trees.

Peterborough is a pret-

ty city with an old centre of beautiful old houses, a 55-acre zoo (peterboroughutilities.ca/Park_and_Zoo.htm) and if you drive through on a Saturday, the oldest farmer's market in Ontario (peterboroughfarmersmarket.com). It has been open every Saturday since 1825.

Check out the abandoned mine in Marmora, a small town settled in the 1820s because of the area's rich iron deposits.

Long abandoned, the mine is officially classified as a lake because rain and underground streams have filled it. But it's a great — and safe — place to explore.

For a different kind of leg-stretching exercise, think horseback riding. Eastern Cowboy Horseback Adventures, near Parham (a little west of Perth), developed out of a cattle farm that had cowboys on horseback herding



► There are a lot of interesting places you can hike along Highway 7.

cattle, and repairing fences. There are plenty of horseback trails through

fields, woods, past lakes and ponds, for rides from an hour to full day for the

whole family (minimum age 10). eastern cowboy.com.



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Radisson Hotel & Suites Fallsview + taxes & fees included
INCLUDES accom in the centre of the Fallsview resort area over New Year's Eve. Travel Dec 31 - Jan 2/ggv.

Montreal New Year's, 2 Nights \$169
Le Centre Sheraton + taxes & fees included
INCLUDES accom in the heart of Montreal's entertainment district over New Year's Eve. Travel Dec 31 - Jan 2/ggv.

Las Vegas New Year's, Air + 5 Nights \$704
Circus Circus + taxes & fees \$153
INCLUDES accom on the Las Vegas Strip. Departs Dec 30/wsv/w.

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Excalibur + taxes & fees \$247
INCLUDES 3.5-star accom on the Las Vegas Strip. Departs Oct 31/swg/wg. UPGRADE to 5-star Caesars Palace for \$30 per night.

Orlando Family Special \$149⁰
The Colony Hotel + taxes & fees \$238
Air + 7 Nights
Champions World Resort
INCLUDES central accom close to theme parks with shuttle service. Departs Nov 11/ggv/ts.
BOOK this package based on double occupancy for \$229 plus taxes.

Miami Air + 3 Nights \$399
The Colony Hotel + taxes & fees \$110
INCLUDES accom in the heart of South Beach with free wireless internet. Departs Dec 9/ggv/dl.
ADD Key West day trip for \$99.

St Pete Beach, Florida \$539
Beachcomber Beach Resort + taxes & fees \$109
Air + 7 Nights
Departs Nov 1/ggv/dl. BONUS complimentary parking and use of amenities at the Grand Plaza Beachfront Resort included. UPGRADE to 4-star Tradewinds Sandpiper for \$46 per night.

Honolulu Air + 7 Nights \$899
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Departs Oct 31/nol/c6/1s.

Santa Clara 7 Nights 4.5-Star \$288
Melia Coyo Santa Maria + taxes & fees \$216
Departs Nov 4/vat/ts.

Punta Cana 7 Nights 4-Star \$300
Sirenis Cocotal Beach Resort + taxes & fees \$333
Departs Nov 11/sq/vq/k.

Puerto Vallarta 7 Nights 4-Star \$378
Holiday Inn Puerto Vallarta + taxes & fees \$283
Departs Nov 4/vat/c6.

Mayan Riviera 7 Nights 5-Star \$398
Grand Sirenis Mayan Beach + taxes & fees \$283
Departs Oct 30/vat/c6/1s.

Panama 5 Nights 4.5-Star \$415
Breezes Resort and Spa by SuperClubs + taxes & fees \$245
Departs Oct 27/swg/wg.

Cozumel 7 Nights 4-Star \$445
Melia Cozumel + taxes & fees \$287
Departs Nov 3/swg/wg.

Jamaica 7 Nights 4-Star \$487
Holiday Inn Sunspree + taxes & fees \$279
Departs Oct 30/nol/ts.

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Ontario a true treasure trove for antiquers

► Port Hope proudly retains its title as 'antique capital of Ontario'

LORI DANCE
LIFE@METRONEWS.CA

As autumn's brilliant splendour begins to fade, the urge to wander about in the crisp air, appreciating all that nature has to offer, swells in our hearts.

What better way to spend a glorious Sunday afternoon than browsing antique shops in a quaint Ontario town?

Port Hope has long since been known as the "Antique Capital of Ontario."

And it's no wonder: OntarioTravel.net extols "its main street, a Heritage Conservation District that forms one of the most significant and complete 19th-century streetscapes in the province" and "the last remaining atmospheric theatre in operation in Canada today." (And for the fellas, "some of the most diverse year-round fishing in Ontario.")

Michael Thomas of Michael Thomas Antiques (MichaelThomasAntiques.com, one of the



► The Michael Thomas antique shop is a Port Hope must-see

Treasure tips

- www.TheAuctionAdvertiser.com lists antique auctions throughout the province.
- For a list of antique shops in eastern Ontario, visit antiquesincanada.com.

myriad antique shops in Port Hope), explains the allure.

"Port Hope has been an antique destination for a long time," he enthuses. "It is the perfect day trip from Toronto as it is only 100 km (away).

And there are so many great antique and home decor stores."

Harold Bain, a Whitby-based horologist (expert in time pieces), suggests that a good way to begin your foray into the world of antiques is to start small (es-

pecially if you're taking a road trip).

"Antique clock collecting can be a very enjoyable hobby," he asserts, though "knowledge is king. You need both a basic mechanical knowledge to assess a



► Antique clock collectors should "start small," says Whitby-based horologist Harold Bain.



► Antique shop owner Michael Thomas.

clock's condition and a historical knowledge of clocks to know when it was made and by whom."

(Of course, he offers his services - at comtrek.ca - to help you out with the care and maintenance of your find and also sells some very interesting antique,

Art Deco, and cuckoo clocks.) "If you are just starting out in clock collecting, you should start with some of the very affordable clocks made early in the 20th century."

Now is the perfect time to get out there and discover everything that autumn has to offer in Ontario—and get some shopping done!

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► The Trent Severn waterway, which runs from Georgian Bay to Lake Ontario, features some spectacular fall views.



A whimsical waterway

TRENTSEVERN.COM

► Follow the Trent Severn and encounter a regal railway, spectacular scenery and maybe even a ghost



Created in 1833 as a logging transport route from Lake Ontario to Georgian Bay, the 45-lock Trent Severn Waterway now provides the passageway for some 10,000 pleasure boats. And if you join the dots on a map, it also offers an incredibly scenic (albeit long at 385 kilometres) driving route.

At one end near Georgian Bay, the Port Severn Marine Railway is an engineering marvel well worth checking out.

A rail system pulls

large vessels up and down an 18-metre slope between the Severn River and Gloucester Pool.

The scenery is spectacular as well, with steep gorges, rapids and marsh-

es, and chances are good of spotting beavers, muskrats and blue herons.

At the other end, Peterborough's Lock 21 boasts the world's highest hydraulic boatlift, which simultaneously drops an upper chamber and raises a lower one — a staggering 19.8 meters. It's easy to view

Be forewarned, however, that the place is allegedly haunted by three ghosts. Although the visitor centre may not confirm the spectral hangers-on, they do offer some good exhibits chronicling the waterway's construction.

The locks are numbered (trentsevern.com) and driving along the picturesque Otonabee River will take you past locks 23 to 27, before arriving at Burleigh Falls.

This lock is unique for the amount of dynamite required to blast through the Canadian Shield. And overlooking the locks, the 100-year-old Burleigh Falls Lodge provides a charming rustic place to stay.

Nearby is Petroglyphs Provincial Park where you can hike through wetlands and forests, and view aboriginal petroglyphs of tur-



► Blue herons are among the wildlife you may encounter.

tles, snakes, humans, birds, all carved out of white marble rock at least 900 years ago.

Buckhorn is lock No. 30, and the largest of the system holding back approximately 12,000 hectares of water. Poised on the tip of the peninsula between Buckhorn and Chemong Lakes, is the village of Curve Lake, home to 2000

Mississauga Objibwas. It's from these First Nations people that the district of Kawartha got its name — an Anglicized version of the Anishinaabe name Kawataegummaung. Curve Lake is also home to Whetung Gallery, and its incredible handcarved totem poles, and other First Nations crafts. (whetung.com/)

Michael Whetung, who lives in Curve Lake and whose ancestors settled in the area in 1806, says the spectacular shift in scenery around Buckhorn is because "it's just about where the glaciers came to a grinding halt."

"On the north side, it's precambrian shield. On my side, it's soil and limestone."

Cruising the canal... by car

► Rideau Heritage Route offers rich history, culture and countryside

JO CALVERT
LIFE@METRONEWS.CA

Autumn is the perfect season for a road trip and embellished with glorious fall colours, the Rideau Heritage Route will please everyone in the car.

A UNESCO World Heritage Site, the route of about 200 kilometres follows Ontario's Rideau Canal between Ottawa and Kingston. Completed in 1832, the canal links rivers and lakes with 47 hand-cranked locks.

"This engineering marvel is something special to be celebrated," says Jantine Van Kregten, director of communications for Ottawa Tourism, "and a real, tangible connection to our past." Most of the 24 lock-station sites welcome visitors with picnic areas, barbecue facilities and washrooms.

Dotted with traditional limestone buildings, "the small towns are quite wonderful," Van Kregten says, and give city dwellers a chance to find "artisans, specialty food shops, country inns and a glimpse of another way of life."

Just for starters — foodies can feast on flapjacks served up by maple-syrup producers, drop by orchards for apples, jellies and pies, sip local beer, cider and wine, sample the Rideau Lakes region's cheese and shop the farmer's markets.

Parents and kids can enjoy harvest demonstrations at the Heritage House Museum in Smiths Falls and pick their own pumpkins enroute, then



finish at Fort Fright (a.k.a. Fort Henry) in Kingston, for Halloween festivities.

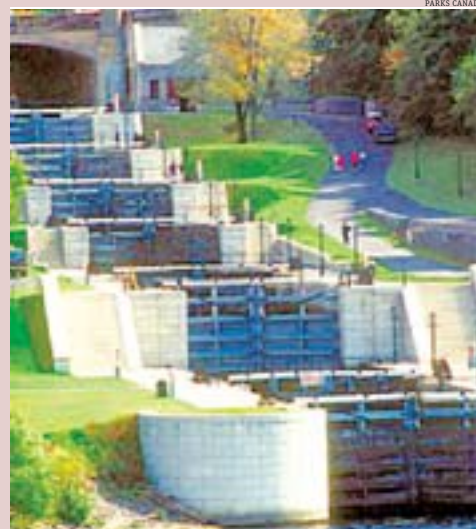
Paddlers can take their canoes and kayaks to dip into the waterways, bird-watchers can bring their binoculars to the Ferguson Forest Centre in

Kemptville, and hikers can stop to stretch their legs on the 300-kilometre Rideau Trail, which winds in and out alongside the route.

Enduring attractions, says Van Kregten, are the museums — such as the

Lockmaster's House in Elgin "that delve into the history of the canal."

You can easily drive the whole distance as a day trip, says Van Kregten.



Route Resources

► Visit rideauheritage.route.ca to order a route guide, find downloadable maps and an information booklet available in seven languages, check out spe-

cial events and accommodations, or plug into guided or self-guided tours
► To learn about the Ferguson Forest Centre, visit eedlingnursery.com/trails.
► To find hiking information, visit rideautrail.org.



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A wonderland of waves

► Soak in the scenery at one of Eastern Ontario's waterways ► Provincial parks offer beautiful fall beachwalks



**YLVA
VAN BUUREN**
LIFE@METRONEWS.CA

Nothing is more calming — and more invigorating — than being close to water. And eastern Ontario delivers.

The 1000 Islands Parkway is a pretty drive, connecting scenic riverbank communities from Kingston to Cornwall. Enjoy a fall boat cruise (they generally operate until the end of October).

Or, cycle the 37-kilometre 1000 Islands bike path — you'll never be far from water!

Walking the main drags of any of the communities along the parkway could fill an afternoon.

Kingston, for example, boasts an eight kilometre waterfront pathway!

The Land O'Lakes region, stretching north from the Bay of Quinte, has a reported 5,000 lakes and countless rivers.

Take a scenic drive without a planned destination, or have a look at lo.on.ca for some great ideas.

For example, there are public beaches in Sharbot Lake, Sydenham, Long Lake and Arden!

A few other great suggestions: In Campbellford, hike beside the canal and over the Ranney Gorge Suspension Bridge in Ferris Provincial Park.

Visit the Egan Chute, a beautiful waterfall located at the end of an old forest road in Egan Chute Provincial Park, east of Bancroft. The falls are a 10-12 minute walk in.

Of course, it's important to be careful and watch children closely around all waterways.

Sand beaches are beautiful in the fall too, for long walks

with family and friends. Here are four to explore.

1. Sandbanks Provincial Park in Prince Edward County has spectacular white sand beaches including Outlet Beach. (Watch for signs

for Lakeshore Lodge in the park. The resort lodge actually burned down years ago but you can still see parts

of its old dance floor. The area is now semi-wild with lots of shade trees. Walk along the high shoreline or the beach below.)

2. North Beach Provincial Park, west of Wellington in Prince Edward County, is a simple

scenic 1.2 kilometre span of sand.

3. Presqu'île Provincial Park in Brighton is a beautiful white sand beach. There's a new boardwalk over a marsh in the park too.

4. Silver Lake near Perth is a long, narrow trough of water carved out by glaciers.

While its long sandy beach is the big attraction, a boardwalk through a marsh at the eastern end of the lake is another popular place to visit.

DOUG BOUT



► Sandbanks Provincial Park



► November surf in Prince Edward County

PENNY SPIES



► Near Lakeshore Lodge at Sandbanks Provincial Park

The very best of vine land

► Prince Edward County a majestic mecca of wineries ► Water-surrounded land ideal for grape growing



► Hiller Creek Estates Winery in Prince Edward County is a great place to spend a day or a weekend.



**YVLA
VAN BUUREN**
LIFE@METRONEWS.CA

Field
County!

This fall we celebrated a friend's birthday in Prince Edward County and spent a delicious afternoon touring wineries! Our designated driver Bob delivered us to Hillier Creek Estates to start, where we fell in love with the view of the vineyards and the Estate Rose. Our next stop was the Norman Hardie Winery where we had a chat with Norman himself about his exceptional Pinot and County Chardonnay. At Sandbanks Estate Winery, we munched on crackers and enjoyed the Dunes Vidal Riesling! By the time we landed at the stylish

barn reno that is Closson Chase Winery, we were tired but happy and loaded down with more than a case of County wines to bring home!

Prince Edward County is an ideal place for producing wonderful wines, says Kemp Stewart, chair of the Prince Edward County Wine Growers Association. The County is surrounded by water and features some of the most suitable soils for growing wine grapes.

The fall is an ideal time to visit the area, which has been officially designated Ontario's 4th Viticultural Area. "And there's so much happening right now," says Stewart, who also owns Hillier

Creek Estates. "Almost all the wineries are busy making wine. We just harvested and pressed our Riesling grapes a few weeks ago."

Stewart recommends that visitors plan their route – "and be sure to pace yourself. Visit two or three wineries at a time, that's more than enough."

While the majority of the over 20 wineries are located in the Hillier area, a winery tour will show you around the rest of the County too – and that's an ideal way to enjoy the quaint and scenic area. Pick up a Wine Tour Map

(or visit thecountrywines.com) before you go.

LATE FALL WINE FESTIVAL

Winemakers in Prince Edward County invite you to the Wassail Wine Festival, which is being held November 20-December 5. Wassailing originated in England and celebrates the end of the harvest! A number of the local County wineries celebrate Wassail and give thanks for a bountiful harvest with special mulled ciders and wines, new releases, seasonal activities and food. For more information, call 613-921-7100 or 1-888-313-WINE.



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See the sites sans-trip

There's truly no place like home, and if you've decided to stay there this fall season, here are some suggestions for fun activities that are nearby...

ALEX NEWMAN
LIFE@METRONEWS.CA



► Durham Forest near Toronto

Toronto

NO FAIL TRAILS

Uxbridge, recently dubbed The Trail Capital of Canada, is home to the Durham Forest, which offers dozens of trails for varying levels of hikers and cyclists.

Or, for something distinctly different in the same area, try geocaching. Using only a handheld GPS with geographical coordinates, participants search for hidden containers.

"It's enjoyed throughout the world by people of all ages, and is a fantastic way to explore places that you have never been before," says Michael Hack-

enberger, chair of the Regional Tourism Organization (Zone 6) in Durham. Visit durhamgps.com for more information.

RIDE THE RAILS

Departing from the Mill St station in downtown Tottenham, a 1920s train coach slowly winds its way on a 100-year old branch line that curves this way

and that, while smoke puffs from the engine against a darkening autumn sky. "I especially love the velvet seats," says 11-year-old Anna Zizys, "but even better is chasing my brother up and down the aisles."

Ottawa

I SPY

Built and maintained by the government of Canada from 1959 to 1994, the top secret Canadian Forces communications facility — the Diefenbunker Museum — aimed to protect the government from nuclear attack during the Cold War. Now open to the public, the bunker offers 100,000 square feet of exhibits, including a mock up of a family fall out shelter, spread over four stories deep underground. (diefenbunker.ca)

COME UP FOR AIR

Just outside Ottawa, you

can do skydiving for as little as \$20 milehighparachuting.com, until Oct 31. But if your flights of fancy are more of the Oz kind, consider a hot air balloon flight. Lasting up to two hours, these trips carry passengers wherever the wind takes them, every day of the year. In Ottawa, there are several launch and landing sites (magma.ca/~mstevens/.)

WAY UP

Try walking across the trees on a suspension bridge or speeding through on a zipline. (aventurelafleche.ca) Or just head to the Huron Lookout at Gatineau Park and survey the 362 sq km of autumn glory at your feet.



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RAM

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Jays down to three managerial candidates: Reports

The Toronto Blue Jays may have moved another step closer toward naming a new manager, with reports out of Boston indicating they were down to three candidates.

Bench coach DeMarlo Hale and pitching coach John Farrell, both of the Red Sox, and Cleveland first base coach Sandy Alomar Jr., are the remaining finalists to replace Cito Gaston according to Comcast SportsNet New England. Other Boston-area outlets later reported the same thing.

But multiple sources with knowledge of the process could not confirm that, with conflicting views of whether Blue Jays third base coach Brian Butterfield has been eliminated or not.

The status of Los Angeles Angels bench coach Ron Roenicke, San Diego Padres bench coach Rick Renteria and Philadelphia Phillies bench coach Pete Mackanin could also not be confirmed.

One person definitely out of the running is Blue Jays bench coach Nick Leyva, who said yesterday he was recently "eliminated" by general manager Alex Anthopoulos.

Leyva added that he's hoping whoever ends up the new manager will consider him for his staff.

"I've been a manager, I've been an infield guy, I've been a bench guy, I can do a lot of things," Leyva said in a brief interview. "With my versatility and knowledge of the organization I can help whoever the new guy is."

"But I understand that any new guy will want to surround himself with his own people."

One source suggested a new manager could be chosen by week's end in order to give him time to assemble a coaching staff in time for a possible announcement next week.

THE CANADIAN PRESS

Yankees keep season alive

- ▶ Sabathia's pitching, early home runs lift New York to win over Rangers
- ▶ Next game is tomorrow night, as Texas heads home with a 3-2 lead



▶ CC Sabathia celebrates after he forced Texas' Josh Hamilton to hit into a double play last night in New York.

7	2
YANKEES	RANGERS

CC Sabathia pitched like a champion, and the New York Yankees are heading for Texas. A whole lot better than heading home.

Nick Swisher and Robinson Cano hit consecutive homers to build an early cushion, Sabathia made the lead stand up and the Yankees avoided elimination,

beating the Rangers 7-2 yesterday and closing within 3-2 in the AL championship series.

A late-arriving crowd for the late-afternoon game wondered whether this would be it for the defending World Series champs after Texas outscored them 25-5 while winning three in a row.

But Sabathia bounced back from an erratic opener, staying away from too

much trouble against Josh Hamilton and Texas' big bats. Rangers slugger Nelson Cruz made an early exit with hamstring trouble, a day after Yankees star Mark Teixeira was lost for the post-season with a hamstring injury. Curtis Granderson added an eighth-inning homer for New York, his second RBI of the game.

Now the teams will go deep in the heart of Texas to

decide the pennant in the best-of-seven series.

When they resume Friday night in Arlington for Game 6, Phil Hughes starts for the Yankees against Colby Lewis in a rematch of Game 2, won by the Rangers 7-2.

In the 50th anniversary of a franchise that has never reached the World Series, Texas remains one win away. To get past the Rangers, the Yankees will eventually have to solve post-season star Cliff Lee, who would start a Game 7 against Andy Pettitte.

THE ASSOCIATED PRESS

Attack on fan brings suspension



▶ Rick Rypien

Vancouver Canucks forward Rick Rypien has been suspended indefinitely for grabbing a fan on Tuesday night.

The incident happened while Rypien was on the way to the visiting dressing room in Minnesota after being assessed a double minor for roughing, and a 10-minute misconduct.

On his way down the tunnel, Rypien pushed a Wild fan who was applauding at the railing. He was quickly pulled away by teammate Manny Malhotra and the fan was removed from the area.

Rypien will have a hearing with NHL disciplinary Colin Campbell before the length of his suspension

will be determined. Players can only be suspended for five games or more if they are summoned for an in-person hearing, although that does not necessarily mean they will be banned for that long.

The league will have no official comment until the matter is resolved.

THE CANADIAN PRESS

4

sports

Quoted



"I'm still able to wake up in the morning, smile, come here, laugh and joke with my teammates, play basketball and compete. That stuff doesn't bother me."

NUGGETS STAR CARMELO ANTHONY, ON THE TRADE RUMOURS THAT SURROUND HIM. THE LATEST HAVE HIM HEADED TO THE KNICKS OR BULLS.

"I'm too focused in on this season right now to let rumours or anything like that come in and take over."

ANTHONY

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DAN TOTH



CFL MISSED CHANCE BY BANNING PINK

The CFL has made huge strides in recent years with its marketing and promotions, resulting in record attendance and TV viewership, but at the same time the league's lack of vision is astounding.

CFL players who recently wanted to wear pink for Breast Cancer Awareness Month were banned from doing so during games, because it would violate the league's uniform policy. "This certainly doesn't diminish our concern when it comes to this cause or the many others our teams support. It does mean we want to do things in a comprehensive way, not a one-off," the league said in a statement. CFL players wanted to ride the wave of support shown by NFL players, who teamed with the American Cancer Society, allowing its players to wear pink gloves and other minimal gear during Breast Cancer Awareness Month. The CFL will review its policy in the off-season and until then, players will be allowed to wear pink during practices, but clearly the league fumbled the ball on this one.

SUITOR'S BIAS:

TSN's Glen Sutor sometimes looks like the Saskatchewan Roughriders' 13th man in the booth. While Sutor is light years ahead of all other CFL colour commentators (it's a small club), his fine work on-air is sometimes tainted by his longstanding bond with the Roughriders. Yes, Sutor toiled 11 seasons in Green and White, and even held the ball for Dave Ridgway's unforgettable field goal that won the 1989 Grey Cup game, so

his emotional ties to the team are understandable. Yet once you cross over to the other side and join the media, those ties need to be severed. Sutor sounded disappointed when Calgary's Corey Mace recovered a fumble for a touchdown against the Riders last Sunday, an exciting play that proved to be the turning point in the contest.

Sutor was also noticeably dejected after the Riders committed the greatest blunder in Grey Cup history last November with a 13th man penalty that handed Montreal the championship.

BUONO'S POSSIBLE REPLACEMENT:

The way things have gone for Wally Buono this season, don't be surprised if the CFL's winningest coach walks away from the B.C. sidelines after one more season to assume GM duties exclusively. His perfect replacement could be current Calgary Stampeders offensive assistant Dave Dickenson, who has been credited with grooming Stamps QB Henry Burris while also calling plays for the offence. While Buono provided the Lions with instant credibility when he arrived in 2003, struggles this season could see them miss the playoffs. This, coupled with constant criticism of OC Jacques Chapdelaine, could trigger changes on the West Coast, with Dickenson a prime candidate to take over.



Soccer. Champions League action



► Dejan Stankovic, Maicon and Wesley Sneijder of FC Inter Milan celebrate the third goal during their UEFA Champions League group A match yesterday against Tottenham Hotspur.

Inter hangs on to beat Tottenham 4-3

Inter Milan scored four goals in the first half and then withstood a hat trick from Gareth Bale to secure a 4-3 win over Tottenham and take control of Group A in the Champions

League. Samuel Eto'o scored twice for the defending champion, which was up 3-0 and had a man advantage after just 14

minutes. Inter leads Group A with seven points, while Tottenham has four. THE ASSOCIATED PRESS

Rooney's reason

► Manchester United star cites team's lack of spending as reason he wants out ► 24-year-old Rooney has been with club since 2004

Wayne Rooney blamed Manchester United's failure to spend heavily on strengthening its squad for his decision to refuse to sign a new contract with the 18-time English champion.

The England striker stunned United last week by telling chief executive David Gill that he wanted to leave because of concerns about the club's lack of ambition in the transfer market.

Manager Sir Alex Ferguson made Rooney's decision publicly known on Tuesday while still giving the 24-year-old forward the option to stay at Old Trafford.

But Rooney seems in-

tent on leaving after issuing a public denunciation of the club's transfer activities on Tuesday.

"I met with David Gill last week and he did not give me any of the assurances I was seeking about

the future squad," Rooney said yesterday in a statement.

"I then told him that I would not be signing a new contract. I was interested to hear what Sir Alex had to say yesterday and surprised by some of it.

"It is absolutely true, as he said, that my agent and I have had a number of meetings with the club about a new contract. Dur-

ing those meetings in August I asked for assurances about the continued ability of the club to attract the top players in the world."

Rooney has won three Premier League titles and the Champions League once since joining United in 2004 from boyhood club Everton for 25.6 million pounds (then about \$40 million US).

THE ASSOCIATED PRESS



Technical difficulties ahead?



► Boston's Glen Davis loses control of the ball as he runs into Toronto's Amir Johnson last week.

- Jack predicts some players may have trouble adjusting to new rules
- Crackdown aimed at cutting down on unsportsmanlike conduct

More reaction

How others are responding to the NBA's crackdown on unsportsmanlike conduct.

- The NBA players' association is planning legal action against the league's changes, saying the players weren't consulted beforehand.
- Raptors head coach Jay Triano said with the pre-season still not complete, it's too early to tell whether the changes have had a positive effect. "I think that the players, you can see them sometimes get caught in the natural emotion of the game and they're getting slapped with technicals," he said. "I think that the learning curve is going to have to be steep or it's going to be expensive."

Raptors guard Jarrett Jack agrees something needed to be done to harness the excessive complaining that some players showed towards NBA officials last season.

However, he thinks it will take time for the players — especially those who don't usually go overboard — to get used to the adjustments the league has made to combat the problem.

"Allow us to react, you know what I mean?," Jack said after shootaround yesterday at the Air Canada Centre.

"Nobody's going to just sit there expressionless, emotionless, that's a robot. And none of us are that."

The NBA made several

changes to the list of unsportsmanlike actions that will be punishable in an effort to create more respect on court. The crackdown covers a broad range of complaints, from players punching the air to showing up an official.

As a result, expect to see a jump in technical fouls as players and officials get a feel for things. Also expect some confusion as to what action rates a call and what doesn't.

Players also have to make sure they're not too demonstrative since it can lead to a technical.

"I'm trying the best I can," Jack said. "I think I've got two technicals so far."

The NBA has the right to really upgrade their product as far as our image is concerned. But in the same sense we don't want to take away the emotions of the game, I don't think.

"We're still human at the end of the day."

Players will be fined \$2,000 US — twice as much as last season — for each of their first five technical fouls. Penalties will get harsher after that.

Jack said it will take time for everyone involved to get comfortable, especially with how they control their genuine reactions on court.

"I think if they just give us some leeway, I'm sure as the season goes along there will be some leniency with the technical fouls," Jack said. "But as of right now, you've got to crack the whip and let everybody fall in line."

THE CANADIAN PRESS

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Masonville Place
New Sudbury Centre
Northgate Shopping Centre
Oakville Place

Oshawa Centre
Pen Centre
Pickering Town Centre
Scarborough Town Centre
Seaway Mall
Sherway Gardens
Square One
Station Mall
Stone Road Mall

Tecumseh Mall
The Promenade
Toronto Eaton Centre
Union Station
Upper Canada Mall
Vaughan Mills
White Oaks Mall
Woodbine Centre
Yorkdale Mall

(1) Subject to approved credit.

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NHL

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Toronto	5	4	0	1	0	17	11	9	2-0-1-0	2-0-0-0	4-0-1-0	L1
d-Tampa Bay	5	4	1	0	0	17	18	8	2-0-0-0	2-1-0-0	4-1-0-0	W1
d-NY Islanders	6	3	1	1	1	20	17	8	2-0-0-1	1-1-0-0	3-1-1-1	W2
Washington	6	4	2	0	0	18	14	8	3-1-0-0	1-1-0-0	4-2-0-0	L1
Pittsburgh	7	4	3	0	0	23	16	8	2-3-0-0	2-0-0-0	4-3-0-0	W3
Montreal	5	3	1	1	0	14	13	7	1-0-1-0	2-1-0-0	3-1-1-0	W2
Boston	4	3	1	0	0	12	7	6	0-1-0-0	3-0-0-0	3-1-0-0	W3
Carolina	5	3	2	0	0	14	14	6	1-0-0-0	2-2-0-0	3-2-0-0	W1
Atlanta	6	3	3	0	0	18	20	6	1-1-0-0	2-2-0-0	3-3-0-0	L1
Philadelphia	5	2	2	1	0	11	14	5	1-2-0-0	1-0-1-0	2-2-1-0	L2
Buffalo	7	2	4	1	0	16	19	5	0-3-1-0	1-2-0-0	2-4-1-0	W1
Florida	4	2	2	0	0	12	5	4	1-0-0-0	1-2-0-0	2-2-0-0	W2
NY Rangers	4	1	2	1	0	14	16	3	0-1-1-0	1-1-0-0	1-2-1-0	L3
Ottawa	6	1	4	1	0	12	21	3	1-1-0-0	0-3-1-0	1-4-1-0	L2
New Jersey	6	1	4	1	0	10	21	3	0-3-1-0	1-1-0-0	1-4-1-0	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Chicago	8	5	2	1	0	25	21	11	3-2-0-0	2-0-1-0	5-2-1-0	W4
d-Dallas	5	4	1	0	0	20	15	8	2-0-0-0	2-1-0-0	4-1-0-0	L1
d-Columbus	6	4	2	0	0	19	18	8	1-0-0-0	3-2-0-0	4-2-0-0	W1
Nashville	5	3	0	2	0	13	10	8	2-0-0-0	1-0-0-0	3-0-2-0	L2
Detroit	5	3	1	0	1	14	12	7	1-0-0-1	2-1-0-0	3-1-0-1	W1
Los Angeles	4	3	1	0	0	10	6	6	2-0-0-0	1-1-0-0	3-1-0-0	W2
Columbus	5	3	2	0	0	13	6	6	2-1-0-0	1-1-0-0	3-2-0-0	W2
Calgary	5	3	2	0	0	9	11	6	2-1-0-0	1-1-0-0	3-2-0-0	W2
St. Louis	5	2	1	1	1	14	12	6	2-0-0-0	0-1-1-1	2-1-1-1	L3
Minnesota	7	2	3	0	2	15	20	6	2-0-0-1	0-3-0-1	2-3-0-2	L2
Vancouver	5	2	2	0	1	16	13	5	2-2-0-0	0-0-0-1	2-2-0-1	W1
Anaheim	7	2	4	0	1	14	26	5	2-0-0-1	0-4-0-0	2-4-0-1	L1
Edmonton	4	2	2	0	0	12	11	4	2-0-0-0	2-2-0-0	2-2-0-0	L2
San Jose	4	1	2	1	0	9	14	3	1-2-0-0	0-1-0-0	1-2-1-0	L3
Phoenix	4	1	2	1	0	8	10	3	0-1-1-0	1-1-0-0	1-2-1-0	L3

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Buffalo 4 Atlanta 1
Columbus 3 Anaheim 1
Chicago 2 Vancouver 1 (SO)

Tuesday results

Calgary 1 Nashville 0 (OT)
Minnesota 6 Vancouver 2
Boston 3 Washington 1
Carolina 5 San Jose 2

Tonight's games

(All times Eastern)

Washington at Boston, 7 p.m.
N.Y. Rangers at Toronto, 7 p.m.
Anaheim at Philadelphia, 7 p.m.
Calgary at Detroit, 7 p.m.
New Jersey at Montreal, 7:30 p.m.
N.Y. Islanders at Tampa Bay, 7:30 p.m.
Dallas at Florida, 7:30 p.m.
Pittsburgh at Nashville, 8 p.m.
San Jose at Colorado, 9 p.m.
Minnesota at Edmonton, 9 p.m.
Los Angeles at Phoenix, 10 p.m.

SCORING LEADERS

	G	A	PT
Hossa, Chi	7	4	11
B.Richards, Dal	2	8	10
D.Sedin, Vcr	3	6	9
Stamkos, TB	5	4	9
H.Sedin, Vcr	0	9	9
Sharp, Chi	6	2	8
Crosby, Pgh	4	4	8
Ovechkin, Wash	4	4	8
Cullen, Minn	3	5	8
Getzlaf, Ana	2	6	8
Kopecky, Chi	1	7	8
Liles, Col	0	8	8
Kessel, Tor	5	2	7
C.Stewart, Col	5	2	7
Letestu, Pgh	4	3	7
Goligoski, Pgh	3	4	7
Neal, Dal	3	4	7
Martin, Pgh	1	6	7
Ribeiro, Dal	0	7	7
MacArthur, Tor	0	1	6
Morrow, Dal	5	1	6
Roy, Buf	5	1	6
Bailey, NYI	3	3	6
Comeau, NYI	3	3	6
Horton, Bos	3	3	6
Perry, Ana	3	3	6
Downie, TB	2	4	6
P.Kane, Chi	2	4	6
M.Koivu, Minn	2	4	6
Malkin, Pgh	2	4	6
P.Stastny, Col	2	4	6
Bertuzzi, Det	1	5	6
Carlson, Wash	1	5	6
Krejci, Bos	1	5	6
Samuelsson, Vcr	1	5	6
Eriksson, Dal	4	1	5
Moore, TB	4	1	5
Sullivan, Nash	4	1	5
Laich, Wash	3	2	5

Lucic, Bos 3 2 5
Moulson, NYI 3 2 5
Booth, Fla 2 3 5
Kovalchuk, NJ 2 3 5
Not including last night's games
HAWKS 2, CANUCKS 1 (SO)
First Period
1. Chicago, Stalberg 2 (Dowell, Skille) 19:22
Penalties — None.
Second Period
No Scoring.
Penalties — Alberts Vcr (holding) 5:12, Turco Chi (tripping; served by Kopecky) 5:49, Kopecky Chi (interference) 8:03, Keith Chi (high-sticking) 19:24.
Third Period
2. Vancouver, D.Sedin 7 (Kessler, Ehrhoff) 1:00 (pp)
Penalties — Kessler Vcr (slashing), Hjalmarsson Chi (holding stick) 4:08, Rome Vcr (slashing) 5:29, Bieksa Vcr (cross-checking) 13:59.
Overtime
No Scoring.
Penalties — None.
Shootout
Chicago wins 3-2
Vancouver (2) — D.Sedin, goal; Kessler, goal; Samuelsson, miss.
Chicago (3) — Toews, goal; Sharp, goal; Kane, goal.
Shots on goal by
Vancouver 9 10 10 8—37
Chicago 12 12 6 2—32
Goal — Vancouver: Luongo (L, 1-3-2); Chicago: Turco (W, 4-1-1). **Power plays (goals-chances)** — Vancouver: 1-3; Chicago: 0-3.
Referees — Brad Watson, David Banfield.
Linesmen — Michel Cormier, Andy McElm. **Att.** — 20,859 (19,717) at Chicago.

MLB

2010 POST-SEASON

LEAGUE CHAMPIONSHIP SERIES

(BEST-OF-7)

(All times Eastern)

AMERICAN LEAGUE

Texas (W) vs. N.Y. Yankees (WC)

(Texas leads series 3-2)

Yesterday's result

N.Y. Yankees 7 Texas 2

N.Y. Yankees at Texas, 8:07 p.m.

Saturday's game

x-N.Y. Yankees at Texas, 8:07 p.m.

NATIONAL LEAGUE

Philadelphia (E) vs. San Francisco (W)

(San Francisco leads series 3-1)

Last night's result

San Francisco 6 Philadelphia 5

Tonight's game

Philadelphia at San Francisco, 7:57 p.m.

Saturday's game

x-San Francisco at Philadelphia, 3:57 or 7:57 p.m.

Sunday's game

x-San Francisco at Philadelphia, 7:57 p.m.

AMERICAN LEAGUE

YANKEES 7, RANGERS 2

	ab	r	h	bi	New York	ab	r	h	bi
Texas	5	0	3	0	Jeter ss	4	0	1	0
Myung 3b	4	0	1	0	Swisher cf	4	2	1	1
J.Himfl cf	4	0	1	0	Cano 2b	4	1	1	1
Guerrn dh	4	0	0	0	Aldrige 3b	2	1	1	0
McKuz lf	2	0	1	0	Thames dh	3	0	0	0
D.Wlfr lf	2	1	1	0	Bjorkm 1b	2	1	0	1
Kinsler 2b	4	0	2	0	Pesada c	4	1	2	1
Francr rf	4	1	1	2	Gndrs cf	4	1	3	2
Morfin lf	4	0	2	0	Gardnr lf	3	0	0	0
Totals	37	2	13	2	Totals	30	7	9	6

Texas
E—Francouer (1), DP—Texas 1, New York 2.
LOB—Texas 8, New York 7, 2B—M.Cruz (3), A.Rodriguez (1), Posada (1), Granderson (1), HR—Treanor (1), Swisher (1), Cano (4), Granderson (1), SB—Andrus (4), Kinsler (2), A.Rodriguez (1), S—Gardner, SF—Berkman.
IP H R ER BB SO

	IP	H	R	ER	BB	SO
Texas	5	6	6	5	4	2
C.Wilson L-0-1	2	1	0	0	2	1
Kirkman	2	1	0	0	2	1
Ogando	1	2	1	1	0	1
New York	6	11	2	2	0	7
Sabatina W, 1-0	2	1	0	0	0	3
Ma.Rivera	1	1	0	0	0	0
T—3:48, A—49,832 (50,287) at New York.						

NATIONAL LEAGUE

GIANTS 6, PHILLIES 5

	ab	r	h	bi	San Francisco	ab	r	h	bi
Philadelphia	4	1	1	1	Renteria ss	4	0	0	0
Victorn cf	5	1	1	0	B.Wlson p	0	0	0	0
Ullery 2b	3	1	2	2	F.Sndz 2b	5	1	1	0
Polanc 3b	2	1	1	0	A.Huff 1b	5	2	3	1
Howard 1b	3	1	1	0	Posey c	5	0	4	2
Werth rf	4	0	1	0	Burrell lf	2	1	0	0
Rollins cf	4	0	1	0	Romo p	0	0	0	0
BFmcs lf	3	1	1	0	Uribe ss	0	0	1	0
C.Ruiz c	4	0	1	0	C.Ross rf-lf	3	1	1	0
Blanton p	1	0	0	0	Sandoval 3b	4	0	1	2
Contrs p	0	0	0	0	D.Rvrm ph	1	0	0	0
D.Rvrm ph	1	0	0	0	Round cf	2	0	0	0
Durbin p	0	0	0	0	Scasill p	0	0	0	0
Bastard p	0	0	0	0	Ishikaw ph	1	0	0	0
Madson p	0	0	0	0	Jalozep p	0	0	0	0
Gleash ph	1	0	0	0	Schrlht rf	1	0	0	0
Oswalt p	0	0	0	0	Bmgm p	1	0	0	0
Altons cf	2	1	1	0	Totals	32	5	9	4
Totals	32	5	9	4	Totals	35	6	11	6

Philadelphia
San Francisco
E—Rollins (1), DP—Philadelphia 1, San Francisco 1, LOB—Philadelphia 6, San Francisco 9.
2B—Polanco (2), Howard (3), Werth (1), Posey 2 (2), C.Ross (1), Sandoval (1), CS—Rollins (1), A.Torres (1), S—Blanton, SF—Uribe (1).
IP H R ER BB SO

	IP	H	R	ER	BB	SO
Philadelphia	4	2	3	3	1	3
Blanton	1-3	0	0	0	0	1
Contreras	1-2	2	2	2	1	1
Durbin BS-1,1	1-3	1	0	0	0	0
Bastardo	1-3	1	0	0	0	1
Madson	1-2	1	0	0	1	2
Oswalt L, 1-1	2-3	2	1	1	0	0
San Francisco	4	2	3	3	1	6
Bumgarner	11-3	1	1	1	1	2
S.Casilla	1	1	1	1	1	0
Jalozep H-3	1	1	0	0	0	2
Romo BS-1,1	1	0	0	0	0	2
Bl.Wilson W, 1-0	1	0	0	0	0	1
T—3:40, A—43,515 (41,915) at San Francisco.						

TRANSACTIONS

BASEBALL

MLB

AMERICAN LEAGUE

NEW YORK YANKEES — Removed 1B Mark Teixeira from the postseason roster. Added INF Eduardo Nunez to the postseason roster.

BASKETBALL

NBA

ATLANTA HAWKS — Released F Evan Brock, G Richard Delk and F Ricardo Marsh.
DETROIT PISTONS — Requested waivers on G Vernon Hamilton and F Ike Diogu.
GOLDEN STATE WARRIORS — Waived G Aaron Miles.
MINNESOTA TIMBERWOLVES — Requested waivers on G Jason Hart and F John Thomas.
SAN ANTONIO SPURS — Exercised the fourth-year contract option on G George Hill.

FOOTBALL

NFL

CLEVELAND BROWNS — Placed DE Robaire Smith and OT Tony Pashos on injured reserve. Signed WR Yamon Figurs and OL Paul McCusick.
DETROIT LIONS — Released DB Dante Wesley and DB Paul Pratt.
INDIANAPOLIS COLTS — Suspended P Pat McCaffee one game after his arrest for public intoxication on Wednesday. Placed DB Brandon King on injured reserve. Signed TE Gijon Robinson. Waived FB Matt Clapp from the practice squad.
ST. LOUIS RAMS — Signed LB Curtis Johnson from the practice squad. Signed RB Chauncey Washington and DB Antoine Thompson to the practice squad. Released DT Jimmy Saddler-McQueen from the practice squad.

CFL

WINNIPEG BLUE BOMBERS — Added LB Rico McCoy to the practice roster. Released WR Adarius Bowman.

HOCKEY

NHL

LEAGUE OFFICE — Suspended Vancouver F Rick Rypien for an altercation with a fan during Tuesday's game against Minnesota.
NASHVILLE PREDATORS — Activated F Jamie Lundmark from injured reserve and assigned him to Milwaukee (AHL).
OTTAWA SENATORS — Reassigned F Zack Smith to Binghamton (AHL).

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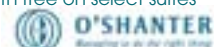
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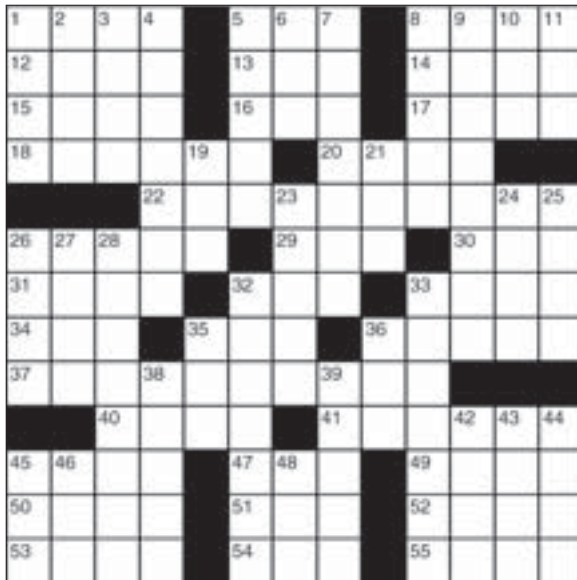
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5 Blond shade
8 Police action
12 Doily material
13 "7 Faces of Dr. —"
14 Grooving on
15 Shrek, e.g.
16 Commotion
17 Morse morsel
18 Paging device
20 Let gravity take over
22 Game show hosted by Steve Harvey
26 Board meeting prop
29 Payable
30 Hit the slopes
31 Tax
32 Edge
33 Goblet feature
34 Prior to
35 Egg — yung
36 No longer fashionable
37 Michael J. Fox sitcom
40 Novelist Seton
41 "Step on it!"
45 Throw hard
47 Writer Deighton
49 Tittle
50 Met melody
51 A pair
52 Cheese choice
53 Rodents do it
54 Nevertheless
55 Colonial sewer
Down
1 Amorphous mass
2 Anger
3 Farm fraction
4 Cook onion rings, maybe
5 More than just stifle
6 Blue
7 Thug
8 Done with, once and for all
9 Poetic feet
10 Part of TGIF
11 Play —
19 Dine
21 "Catcher in the —"
23 Fool
24 String instruments
25 It ain't worth a

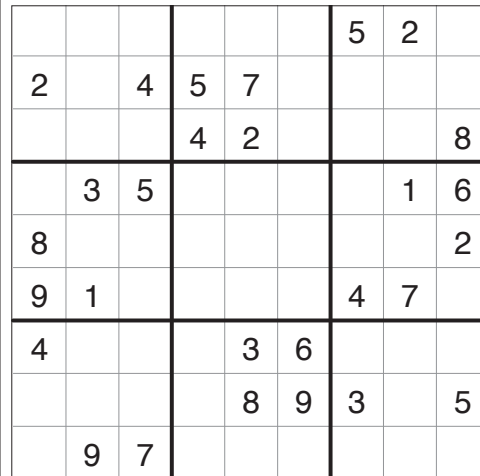


26 Staff leader?
27 Zeus' sister
28 Rosary recital
32 Kings and queens
33 More impertinent
35 Aviate
36 Shell game prop
38 Acquired relative
39 Otherwise
42 — list
43 Hellenic H's
44 St. Louis team
45 Crone
46 Grecian vessel
48 Lamb's dam

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

► Yesterday's answer

7	6	2	9	5	4	3	8	1
5	8	3	2	1	6	7	4	9
4	9	1	7	3	8	2	5	6
9	7	5	8	4	3	6	1	2
1	4	8	6	7	2	5	9	3
2	3	6	1	9	5	4	7	8
3	5	9	4	2	1	8	6	7
8	2	7	5	6	9	1	3	4
6	1	4	3	8	7	9	2	5

Send a KISS

Show some love! Send a note to somebody special at kiss@metronews.ca

My Love Izzy! Just wanted to let you know that you are always in my thoughts and my heart! You are my best friend, confident and the love of my life! You are my happily ever after.
LOVE MCP

Burrito Gina pie. I wuv u so much my little shmoopie bear. It took me 2 months to gather the courage to poke u on facebook and I haven't regretted it since.
Xoxo. UR LITTLE STRAWBERRY SUNSHINE.

Dearest BFF, great marathon time! I am super proud. Can't wait for our San Fran reunion. XoX,
YOUR BFF

To my lovely prister! I love you so much honey. I knew from day one we would be lumpy lovekins. I hope you have a splendid day. Love yours truly,
KIKAI

Today's horoscope

♈ Aries March 21-April 20 You may try to hide the truth from the world today but it's highly unlikely you will succeed. You will do or say something that lets the cat out of the bag.

♉ Taurus April 21-May 21 Why do you feel you have something to prove? Whatever the reason you'll go out of your way over the next 24 hours to convince people to take you seriously. Don't push too hard though or they may dislike you.

♊ Gemini May 22-June 21 You may feel superior to most other people, and no doubt with good reason, but don't make an issue of it or you will turn them off — worse, they may turn against you. Not everyone can be a Gemini.

♋ Cancer June 22-July 22 Steer clear of issues that do not really concern you. The planets warn you are liable to misjudge things quite badly, which won't do much for your reputation.

♌ Leo July 23-Aug. 23 You are very close to making a success of something you nearly gave up on just a short time ago. Stick with it a little bit longer and you will be able to celebrate a remarkable success.

♍ Virgo Aug. 24-Sept. 22 The right mental attitude always attracts the right opportunities, both in your personal life and your work and business affairs, so strive to stay positive and expect good things to come your way — and they will.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♎ Libra Sept. 23-Oct. 23 Others will talk you up and make you out to be something you are not today. It's nice to be flattered but you know it could backfire on you if you fail to live up to expectations.

♏ Scorpio Oct. 24-Nov. 22 You can make even the most difficult tasks look easy, but don't get carried away and claim you can do things that are way beyond your powers. Someone is likely to call your bluff.

♐ Sagittarius Nov. 23-Dec. 21 Some people you know you can trust and some people you have your doubts about but you are advised to keep those doubts to yourself today or you could end up offending someone important.

♑ Capricorn Dec. 22-Jan. 20 Everything seems to be going well for you now but don't fall into the trap of thinking that you can ease off a bit. You must remain focused on your goal.

♒ Aquarius Jan. 21-Feb. 18 Short-term changes may be painful but in the long-term they will pay for themselves many times over, and if you keep that thought in mind you will find disruptions and upheavals much easier to deal with.

♓ Pisces Feb. 19-March 20 The odds against you may seem overwhelming but you'll find a way to win the game. Passion is the key.

● SALLY BROMPTON

Caption contest

"The facial treatment I had before the game really aches!"
ERNESTO BALUYOT



WIN! You write it!

Write a funny caption for the image to the right and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.



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